

Our Vision  
At Bushmead, children are empowered to be active, confident learners where they are  
inspired to be creative and excel.



## Bushmead Primary School Newsletter

8<sup>th</sup> July 2022

Our Value for July is **KINDNESS**.  
Our well-being theme this term is **Being Active**

Dear Parents and Carers,

We have had a very exciting week. The children have met their new teachers and classmates and visited their new classrooms, ready for 2022/23. Most of our Yr 6 children have been to visit their new secondary schools and our new Reception classes came to visit us too. Change and transition can be an unsettling time for children but they seemed to have coped well and are happy and excited. There is a lot to look forward to.

Thank you to our Year 2 children and team for their fantastic production. The children sang their hearts out and performed confidently. They will remember their performances for years to come.

Children have enjoyed **ARTS Week**. Thank you to Ms Richardson and Ms Jones for putting the week together. There are some wonderful examples of their artistic endeavours below. And our amazing children performed at Bushmead Proms which you can see here:

[BUSHMEAD PROMS PERFORMANCES](#)

This week we have had a number of younger children unaccompanied on the playground in the morning. Whilst some children in Yrs 5 & 6 may arrive independently, anyone younger should be with a responsible adult. The gates are open, anyone can walk in, so this is very much a safeguarding issue. **Please do not drop younger children off at the gates, please stay with your child until the doors open at 8.40am.**



WOW. The Bushmead community has raised over £5,500 pounds. More than we can have ever wished for.  
**THANK YOU.**

**Library Book Amnesty.** Please check at home for any school books. Please return any books that have the Bushmead stamp or barcode. A house point will be given for every returned book!



**Thank you** for all your contributions to the summer raffle! **Don't forget if your workplace or a company could offer 'bigger ticket' items they too would be greatly appreciated.** Please email [fobs@bushmeadprimaryschool.co.uk](mailto:fobs@bushmeadprimaryschool.co.uk)



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### Key dates:

- 12<sup>th</sup> July - R – Yr 2 Sports Day
- 13<sup>th</sup> July Yr 3 – Yr 6 Sports Day
- 15<sup>th</sup> July - Reports to parents
- **22<sup>nd</sup> July – Last Day of term**
- 1<sup>st</sup> & 2<sup>nd</sup> September school open for teacher training
- **Monday 5<sup>th</sup> September school begins for children**

### Attendance

The Government produced a White Paper earlier this year with attendance as a key objective for schools. The message is simple – **children should be in school** and when children have good attendance they do better academically and emotionally. We will begin to share our daily registers with the Department of Education, national attendance figures will be monitored. A National Penalty Notice system is coming into place. This will mean that if your child has an unauthorised absence you will be fined. This could be for one day and could include 'lates'. When I have further details I will share them with you.

**Please do not book holidays or travel during school time in 22/23.** If you must travel, please consider if you can keep your children in school, but requests for leave will invariably be unauthorised as they are at the moment.

Please be advised if your child is out of school (unauthorised) for more than 21 days they will be taken off the school roll.

### Sports Days

We are looking forward to welcoming you to our Sports Days on Tuesday and Wednesday next week. It is looking like very, very hot weather, on Tuesday particularly. We will adapt our day accordingly giving the children shade. Please make sure you have **applied sun cream, they have water bottles and hats**. These will be essential if it is 30 degrees!

- **Reception and KS1 children should wear the colours of the country they are representing.**
- **KS2 should wear their house colours.**

Please also stay in the areas for parents & carers, follow the instructions of staff as the children move to different events and **do not go into the children's areas.**

It should be a lovely day.

Have a lovely weekend.

Joanne Travi  
Headteacher





## How to talk to your children about RSHE

Many children prefer their first conversations about relationships, sex and health education (RSHE) to be with their parents and carers. National surveys have shown that children want to talk to their parents about relationships, growing up and eventually sex. This can happen at any time and every household is different.

Children are curious and want to learn about how their bodies work and develop and to learn about relationships. Bushmead will teach RSHE but it's also important for parents and carers to talk to their children about these subjects and be able to reflect on their values. It is also best they learn from school and their parents and carers, rather than looking on the internet, social media or relying on second hand, sometimes misguided information.

Talking to your child can help their emotional development, help them stay safe and develop healthy relationships and confidence.

From September 2020 all primary schools are required to teach Relationships Education. Sex Education is not compulsory but the Government recommend that all primary schools teach this subject in line with their sciences and health topics. At Bushmead we teach Sex Education in Year 6 only. Please be aware that it is compulsory in Yr 7, just a few school weeks away.

### RSHE includes:

- Making and maintaining healthy, respectful and caring relationships, (family, friendships, romantic/intimate relationships)
- What makes a friendship or relationship unhealthy, managing friendship problems
- Bullying and how to prevent it
- Being safe from abuse
- Being safe online
- Puberty-physical, social and emotional changes
- Reproduction and how a baby is made

Further details can be found here: [RSHE](#) at Bushmead

### Why talk with your child?

- It can be more informal and spontaneous
- There is a unique relationship between a parent/carer and child
- They will be better prepared for puberty
- They will have a better understanding of the difference between a healthy and unhealthy relationship
- They will feel more able to talk to you about other subjects and worries
- It will support the Relationships and Sex Education that is taught at school
- It helps children develop positive attitudes about themselves and others



### **Tips for talking with your child**

- Let them know you are happy to talk to them when they are ready
- Listen to your child's questions and concerns-try not to jump to conclusions or judge
- Make sure you understand what the question or concern really is (might be simpler than it first sounds)
- Ask what they know/think. Find out why they are asking it
- Give answers that match their level of understanding. It's ok to say you don't know and can look up the answer together
- See this as a two-way conversation, talking with them rather than to or at them
- If it's an awkward or inappropriate time-say you'll answer at a better time-but remember to do that!
- Be interested-enjoy talking about it. Show them it's ok to talk about it
- It's alright to say you're embarrassed-you're being honest. Laughing together can reduce embarrassment
- Always respond-you want your child to feel ok about talking about relationships, growing up and sex
- If it feels too difficult or personal, talk about people or situations in films, books, internet, social media, music videos, gaming, soaps, pregnant friends or family
- Talk while doing something else, driving, walking, cooking. This can make the subject normal to talk about
- Say what you think and why. Share your values. Talk about different opinions. Explain that others may have a different opinion
- Talk about it gradually over time, rather than a one-off talk so you can build on the information gradually and when your child is ready

Where you can find additional information:

[What is Sex Education? Parents questions answered](#)

[How to talk about sex! - BigTalk Education](#)

[RSE Hub: Ten Tips For Talking To Your Child About Sex and Relationships](#)

[How to talk to your child about sex | TheSchoolRun](#)

[Best children's books about puberty and sex | TheSchoolRun](#)

[Parentkind - Relationships Education and Relationships and Sex Education \(RE RSE\)](#)

[SRE Islamic](#)

[Relationships Education, Relationships and Sex Education \(RSE\) and Health Education \(RSHE\) in Church of England Schools](#)

[Sex Education Forum](#)



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## Illness

Children are very tired at this time of year and can be susceptible to illness. We also have had a rise in COVID cases. Whilst we want children to be in school as much as possible, if your child is unwell please be cautious and test them for COVID before returning to school. Here is guidance on other illnesses from the NHS.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

## When should my child return to school?



<b>Chicken Pox</b> When all spots have crusted over	<b>Conjunctivitis</b> None*	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> None*	<b>Hand, foot &amp; mouth</b> None*	<b>Impetigo</b> When lesions are crusted & healed or 48 Hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> After first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> None*	<b>Whooping Cough</b> 48 Hours after commencing antibiotics
	<b>Flu</b> Until recovered	<b>Head Lice</b> None*	<b>Threadworms</b> None*	<b>Tonsillitis</b> None*	







# What is MECC Link?

[Home](#) > What is MECC Link?

## What is MECC Link?

MECC Link is a simple but flexible online tool that has been carefully designed to support an approach to positive behaviour change called 'Making Every Contact Count' (MECC). MECC Link helps you to raise awareness, motivate and signpost people to help them to improve their health and wellbeing. MECC Link gives you access a full range of signposting information for health improvement, including self-care and national and local support services...and it does this all in one place by providing:

- Easily accessible information on key healthy lifestyle topics
- Suggested open questions using the Ask, Assist, Act model
- Information on a range of primary Self-care tools and resources
- Signposting to recommended national and local support services.



<https://www.mecclink.co.uk/location?location=luton>



# Are you struggling with the cost of school uniform?

Come and collect school uniform for free

At the Uniform Exchange, we have a wide range of school uniforms for Luton schools that we can give to you free of charge. Alternatively, you can order online for free:

<https://www.uniform.exchange>



Donate and collect any Luton school uniform



Donate your old school uniform

Please donate any uniform you are not using anymore.

We particularly need high school blazers, white polo shirts and girls grey trousers, but any spare uniform will be gratefully received.

We have a collection box outside the Uniform Exchange, in The Mall on the gallery.

Uniform Exchange, Unit 2G, The Mall, Luton, LU1 2TW  
Email us on: [admin@leveltrust.org](mailto:admin@leveltrust.org)



## Amazing LEARNING at Bushmead! So proud of our children and our creative teachers!

This week our children went to Town Sports, our children performed brilliantly!

Boys Overall - 3rd (Bronze)  
Overall as a school - 3rd (Bronze)  
Year 5 girls 600m - Cai (Silver)  
Year 6 600m boys - Josiah (Gold)  
George Lambert (Silver)  
Year 3 60m Girls - Janelle (Bronze)  
Year 6 80m Girls - Bri (Gold)  
Year 3 Howler throw - Rafi (Bronze)  
Year 3 Relay - (Bronze)  
Year 6 Relay - (Gold)  
Tug of war - (Gold)

Thank you to our PE team.







Animal Art in Reception







Our Gardening Club planting sunflowers and helping with the garden with the residents of Trefoil House. Thank to Mrs Watt & Mrs Shaw for making this happen. Wonderful stuff!





Our Choir at Singing Spectacular!

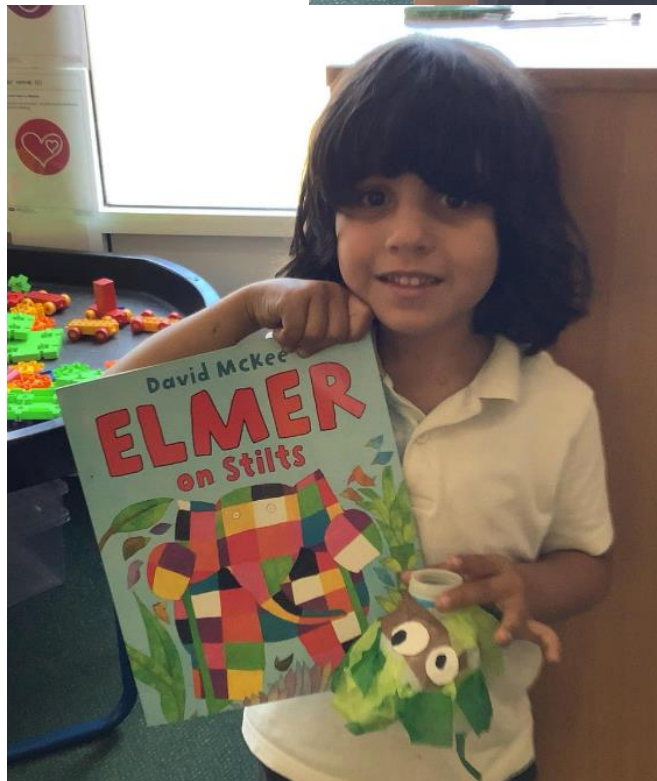
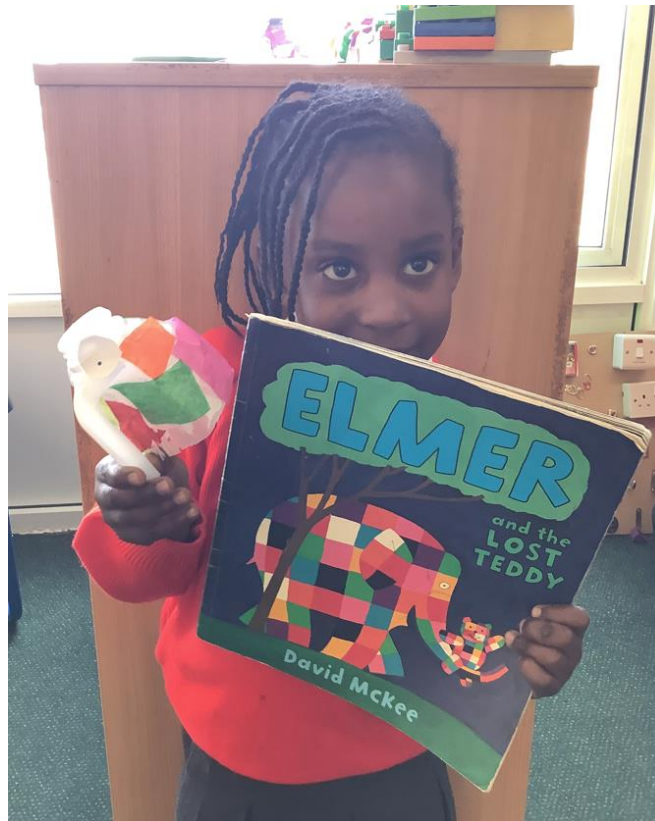




Arts Week in Year 4







Making elephants in  
Reception for Arts Week





Wildlife Trust for  
**Beds, Cambs  
& Northants**

Share your pics



# Wilder Futures

## Family Fun Day at Stopsley Common

With the Wildlife Trust for Beds, Cambs and Northants

**Saturday 20<sup>th</sup> August – 12pm-4pm**

Nature themed activities for all the family

- Woodland sensory walks
- Story-telling tent
- Craft activities and games
- Authentic Italian ice cream van
- Face painting



Walks and stories run 12.30pm, 1.30pm and 2.30pm

(Book online at [wildlifebcn.org/events/2022-08-20-wilder-futures-summer-fun-day](http://wildlifebcn.org/events/2022-08-20-wilder-futures-summer-fun-day) or scan the QR code)

You are welcome to bring along your own picnic and blanket

Location -  what3words  spices.calm.drives

Parking and toilets available at Inspire Sports Village (LU2 8DD)

For further details please contact:  
[noreen.iqbal@wildlifebcn.org](mailto:noreen.iqbal@wildlifebcn.org)  
or 07874 895628



The Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire, The Manor House, Broad Street, Cambourne, CB23 6DH Tel: 01954 713500 Email: [cambridgeshire@wildlifebcn.org](mailto:cambridgeshire@wildlifebcn.org) Registered charity No. 1000412  
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**Learn, laugh and eat  
with friends this summer!**

**Find out about holiday camps and activities  
for children aged 5 to 16 across Luton.**

**Energise Luton is supported by the  
Department for Education's Holiday Activity  
and Food (HAF2022) programme.**

**Find out more and book:  
[www.energiseluton.co.uk](http://www.energiseluton.co.uk)  
Tel: 01582 400272  
Or by visiting a local Active Luton leisure centre**

  **#HAF2022 #EnergiseLuton**



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## Holiday Camps Across Luton Include

### Active Luton

Lewsey Sports Park & Pool | Lea Manor Recreation Centre  
Inspire: Luton Sports Village | Stockwood Park Athletics Centre  
Hart Hill Community Centre | Hightown Community Sports & Arts Centre  
Stockwood Park Golf Centre

**CYCD Rising Stars** – William Austin Junior School

**DawntilDusk** – Pirton Hill Junior School

**Families United Network** – Unit 5, Britannia Estate

**KidzZone** – Tennyson Road Primary School

### Level Trust

River Bank Primary School | University of Bedfordshire

### Luton Allstars

Lea Manor Recreation Centre

**Luton Celtic** – Farley Junior School

### Luton Town Football Community Trust

Dallow Primary School | Ely Way | Foxdell Junior School

**Raise Up Foundation** – 5 All Saints Close, LU3 1FA

**Rising Stars Youth Club** – Leagrave Community Centre

**River Bank** – River Bank Primary School

**St Mathews** – St Mathews Primary School

**Tokko** – Youth Centre Gordon Street

**Precious Pearls (Girls Only)** – Dallow Community Centre

**Warriorz (Street Dance)** – The Chalk Hills Academy

**William Austin Junior School** – William Austin Junior School

Where charges apply, camps cost around £20/day.

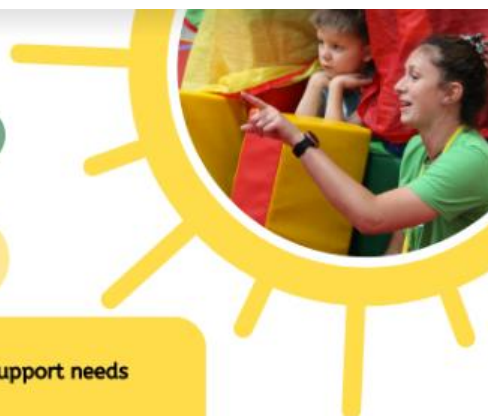
Please check at time of booking for exact cost and eligibility for funded places.





# SPACES STILL AVAILABLE!

## SUMMER FUN SCHEME 2022



Age: 10-17 years  
Suitable for: For autistic young people with lower support needs (accessing mainstream education)  
Ratio: 4 young people to 1 adult (there will be 10-12 young people in total per day)  
Venues: Luton or Bedford  
Dates: Mon 25th - Fri 29th July or Mon 1st - Fri 5th Aug 2022  
Cost: £25 per day  
Time: 9:30am - 3:00pm  
Activities: Mon - Onsite activities, park visit and picnic  
Tues - Bowling  
Weds - Footgolf  
Thurs - Orbital trampoline park  
Fri - Mini golf

To apply, please contact:

Luton schemes: [sandie.allen@autismbeds.org](mailto:sandie.allen@autismbeds.org)

Bedford schemes: [lynsey.ahmed-murray@autismbeds.org](mailto:lynsey.ahmed-murray@autismbeds.org)

Please note the following schemes are now fully booked:

- JUNIOR ACTIVITY SCHEME: For autistic children aged 3-9 years old. We provide 1:1 and occasionally 2:1 where necessary.
- HOLIDAY CLUBS: For autistic young people with moderate to severe learning difficulties between 10-17 years old. We provide 1:1 and 2:1 where necessary.

Autism Bedfordshire is a Company Limited by Guarantee.  
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Registered Office: 1 Hammond Road, Elms Farm Industrial Estate, Bedford, MK41 0UD.





*Eid ul Adha*



# 1EID FESTIVAL

## STOCKWOOD & WARDOWN PARK

[ EID PRAYER ONLY 10:00 AM ]

[ 3 DAY EID FESTIVAL ]

FRI 8TH JULY

JUMMAH IN THE PARK 1:30 PM

REMINDERS, FUNFAIR & BAZAAR FROM 4:00 PM

\*SAT 9TH JULY - SUN 10TH JULY

ALL DAY EID FESTIVAL

FOOD & DESSERTS / LARGEST EID FAIR / ANIMALS / BAZAAR

\*EID DAY WILL BE ANNOUNCED ON WEBSITE ON TUE 1ST JULY

BIGGEST EID CELEBRATION IN LUTON

FRIDAY - SUNDAY

8TH-10TH

JULY

EID DAY: PRAYER 10:00 AM / ALL-DAY FESTIVAL UNTIL 9 PM / FIREWORKS ON POPES MEADOW 9:30PM

**REGISTER NOW [WWW.1EID.NET](http://WWW.1EID.NET)**

VISIT WEBSITE FOR EVENT SCHEDULE, ATTRACTIONS AND PARKING



1EID is a community led initiative. Please support our work by volunteering and donating.



[INFO@1EID.NET](mailto:INFO@1EID.NET)



07958 183 184



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*Tea, coffee, cakes  
& finding common ground*

**We are open Monday & Tuesday  
mornings 8.30am - 12.00pm**

*Why not pop in to say 'Hello'  
stop for a natter and enjoy  
some homemade cakes.*



# dp tennis camps Summer 2022

skills, fun, co-ordination, team games,  
techniques, competitions, awards!

**LIMITED SPACES @ VENUE360  
LUTON, LU1 3JH**

ALL AGES, ALL ABILITIES!

WEEK 1 - JULY 25TH - 28TH

WEEK 2 - AUG 1ST - 4TH

WEEK 3 - AUG 15TH - 18TH

9.30am to 3pm

£95 for 4 day week

£27.50 per day (if spaces)

**To book - text Danny on 07947 733703  
email [d.pymont@venue360.net](mailto:d.pymont@venue360.net)**



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# #ACTIVECLUB

## SUMMER HOLIDAY CLUB

JOIN OUR INCREDIBLY POPULAR SUMMER CLUB  
WITH OUR NEW DATES READY FOR BOOKING ON  
FRIDAY 1ST JULY!



A FUN, INCLUSIVE AND ENGAGING CLUB FOR BOYS AND GIRLS!  
TURN UP AND ENJOY A FANTASTIC DAY!

INFORMATION WILL BE AVAILABLE TO SEE AND BOOK ONLINE

**WWW.ACTIVEPLAY26.COM**



**ACTIVEPLAY26**



**@ACTIVEPLAY26**



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