

Our Vision  
At Bushmead, children are empowered to be active, confident learners where they are inspired to be creative and excel.



## Bushmead Primary School Newsletter

**1<sup>st</sup> July 2022**

Our Value for July is **KINDNESS**.  
Our well-being theme this term is **Being Active**

Dear Parents and Carers,

**RSHE** will be taught in the coming weeks. You will receive specific information as to when the lessons will be happening for your child from the Year Leader. It is important to talk to your children in advance. Please see the advice below.

Next week is **ARTS Week**; creative activities will be happening across the school. The theme is animals, as most of our year groups have been to the zoo. Bushmead Proms will take place and children who have music lessons and our choir will perform too. We hope it will be a real celebration of our artistic talent!

**On Thursday 7<sup>th</sup> July your child will meet their new teacher.** You will receive a letter telling who that will be. We do not, obviously, give out class lists. There will be 'soft' mixes in the current Reception, Yr 4 and Yr 5 classes. This means children will stay with half of their class and be mixed with half of another class. In Yr 2 the children will be mixed from 4 classes to 3. We have been reducing our number over the course of the year to accommodate this. A great deal of time and thought goes into this process. We consider each child's needs, relationships and aim to get the balance right in each class and to choose the right teacher. It is good for children to have a social mix and make new friends. So please do not ask if your child can change class, this can't happen.

**22/23 Yr 6 Residential** – would our current Yr 5 contact the school office asap if they wish to secure a place on the residential for September when their child is in Yr 6. If you have already signed up this isn't necessary but for anyone interested who hasn't done so yet. We have spaces available and would like everyone to go! If you have concerns about payment, please contact the school.

**Library Book Amnesty.** Please check at home for any school books. Please return any books that have the Bushmead stamp or barcode. A house point will be given for every returned book!



**Thank you** for all your contributions to the summer raffle! **Don't forget if your workplace or a company could offer 'bigger ticket' items they too would be greatly appreciated.** Please email [fobs@bushmeadprimaryschool.co.uk](mailto:fobs@bushmeadprimaryschool.co.uk)





## THANK YOU

**£1,942**  
raised  
by 110 supporters

Thank you to everyone that has sponsored their child's steps we have had an amazing response so far.

There is still time to [DONATE](#)

## COVID

Unfortunately, there has been a rise in cases at our school. Please see the information below.

### Key dates:

- 4<sup>th</sup> – 8<sup>th</sup> July - Arts Week
- 7<sup>th</sup> July – Transition to Yr 7 and `meet your new teacher` day
- 12<sup>th</sup> July - R – Yr 2 Sports Day
  - R – 1.30pm – 2.20pm
  - Yr1 – 2.00pm – 2.50pm
  - Yr 2 – 2.20pm – 3.10pm
  - Presentations – 3.10pm
- 13<sup>th</sup> July Yr 3 – Yr 6 Sports Day
  - Yr 5 & 6 – 9.15am – 10.30am
  - Yr 3 & 4 – 10.45am – 12.30pm
  - Presentations for all at 12.30pm
- 15<sup>th</sup> July - Reports to parents

Have a lovely weekend.

Joanne Travi  
Headteacher



## How to talk to your children about RSHE

Many children prefer their first conversations about relationships, sex and health education (RSHE) to be with their parents and carers. National surveys have shown that children want to talk to their parents about relationships, growing up and eventually sex. This can happen at any time and every household is different.

Children are curious and want to learn about how their bodies work and develop and to learn about relationships. Bushmead will teach RSHE but it's also important for parents and carers to talk to their children about these subjects and be able to reflect on their values. It is also best they learn from school and their parents and carers, rather than looking on the internet, social media or relying on second hand, sometimes misguided information.

Talking to your child can help their emotional development, help them stay safe and develop healthy relationships and confidence.

From September 2020 all primary schools are required to teach Relationships Education. Sex Education is not compulsory but the Government recommend that all primary schools teach this subject in line with their sciences and health topics. At Bushmead we teach Sex Education in Year 6 only. Please be aware that it is compulsory in Yr 7, just a few school weeks away.

### RSHE includes:

- Making and maintaining healthy, respectful and caring relationships, (family, friendships, romantic/intimate relationships)
- What makes a friendship or relationship unhealthy, managing friendship problems
- Bullying and how to prevent it
- Being safe from abuse
- Being safe online
- Puberty-physical, social and emotional changes
- Reproduction and how a baby is made

Further details can be found here: [RSHE](#) at Bushmead

### Why talk with your child?

- It can be more informal and spontaneous
- There is a unique relationship between a parent/carer and child
- They will be better prepared for puberty
- They will have a better understanding of the difference between a healthy and unhealthy relationship
- They will feel more able to talk to you about other subjects and worries
- It will support the Relationships and Sex Education that is taught at school
- It helps children develop positive attitudes about themselves and others

## Tips for talking with your child

- Let them know you are happy to talk to them when they are ready
- Listen to your child's questions and concerns-try not to jump to conclusions or judge
- Make sure you understand what the question or concern really is (might be simpler than it first sounds)
- Ask what they know/think. Find out why they are asking it
- Give answers that match their level of understanding. It's ok to say you don't know and can look up the answer together
- See this as a two-way conversation, talking with them rather than to or at them
- If it's an awkward or inappropriate time-say you'll answer at a better time-but remember to do that!
- Be interested-enjoy talking about it. Show them it's ok to talk about it
- It's alright to say you're embarrassed-you're being honest. Laughing together can reduce embarrassment
- Always respond-you want your child to feel ok about talking about relationships, growing up and sex
- If it feels too difficult or personal, talk about people or situations in films, books, internet, social media, music videos, gaming, soaps, pregnant friends or family
- Talk while doing something else, driving, walking, cooking. This can make the subject normal to talk about
- Say what you think and why. Share your values. Talk about different opinions. Explain that others may have a different opinion
- Talk about it gradually over time, rather than a one-off talk so you can build on the information gradually and when your child is ready

Where you can find additional information:

[What is Sex Education? Parents questions answered](#)

[How to talk about sex! - BigTalk Education](#)

[RSE Hub: Ten Tips For Talking To Your Child About Sex and Relationships](#)

[How to talk to your child about sex | TheSchoolRun](#)

[Best children's books about puberty and sex | TheSchoolRun](#)

[Parentkind - Relationships Education and Relationships and Sex Education \(RE RSE\)](#)

[SRE Islamic](#)

[Relationships Education, Relationships and Sex Education \(RSE\) and Health Education \(RSHE\) in Church of England Schools](#)

[Sex Education Forum](#)



SCHOOL MEMBER



## Illness

Children are very tired at this time of year and can be susceptible to illness. We also have had a rise in COVID cases. Whilst we want children to be in school as much as possible, if your child is unwell please be cautious and test them for COVID before returning to school. Here is guidance on other illnesses from the NHS.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

## When should my child return to school?



<b>Chicken Pox</b> When all spots have crusted over	<b>Conjunctivitis</b> None*	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> None*	<b>Hand, foot &amp; mouth</b> None*	<b>Impetigo</b> When lesions are crusted & healed or 48 Hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> After first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> None*	<b>Whooping Cough</b> 48 Hours after commencing antibiotics
<b>Flu</b> Until recovered	<b>Head Lice</b> None*	<b>Threadworms</b> None*	<b>Tonsillitis</b> None*		





# Are you struggling with the cost of school uniform?

Come and collect school uniform for free

At the Uniform Exchange, we have a wide range of school uniforms for Luton schools that we can give to you free of charge. Alternatively, you can order online for free:

<https://www.uniform.exchange>



Donate and collect any Luton school uniform



Donate your old school uniform

Please donate any uniform you are not using anymore.

We particularly need high school blazers, white polo shirts and girls grey trousers, but any spare uniform will be gratefully received.

We have a collection box outside the Uniform Exchange, in The Mall on the gallery.

Uniform Exchange, Unit 2G, The Mall, Luton, LU1 2TW  
Email us on: [admin@leveltrust.org](mailto:admin@leveltrust.org)



**The Department for Education has recently changed who is eligible for Free School Meals to include children from households with No Recourse to Public Funds (subject to income thresholds). Even if your child was not previously eligible, you may now be entitled to support so please read below.**

### **Are you eligible for Free School Meals?**

The following children are now eligible for support:

- Children from families with No Recourse to Public Funds with a right to remain in the UK on the grounds of private and family life under Article 8 of the European Convention on Human Rights
- Children from families receiving support under Section 17 of the Children's Act 1989 who are also subject to a no recourse to public funds restriction
- Children of a subset of failed asylum seekers supported under Section 4 of the Immigration and Asylum Act 1999
- Families holding a BN(O) passport
- Spousal visa holders, work visa holders, student visa holders
- Children of Zambrano and Chen carers
- Those with no immigration status / those who are undocumented

This is not a full list of children who may be eligible, so if you have No Recourse to Public Funds but the above does not apply to you please fill in the application form and contact \*insert contact here\* to discuss further.

If you are legally able to work, your maximum annual household income to qualify should be:

- £22,700 for families outside of London with 1 child
- £26,300 for families outside of London with 2 or more children
- £31,200 for families within London with 1 child
- £34,800 for families within London with 2 or more children

### **How to claim?**

To start claiming Free School Meals for your child/children, please fill in the attached form and return it to the school office. If you are unable to fill it in, the school should be able to assist you.

If possible, please give proof of your immigration status and income. **If you do not have proof of immigration status you can still access Free School Meals for your child through self-declaration to the school.** Self-declaration could simply include written confirmation from you of your immigration status. An example of this is '*I (name), confirm that I have the following immigration status: (immigration status, e.g. undocumented or spousal visa)*'.

**Families who do not have the legal right to work in the UK are not required to provide evidence of income.**

### **How will your information be used?**

It is not in the Department for Education's process to share information with the Home Office.

As set out in the [sample application form](#) provided by the Department for Education, applicants agree to provide information for the purpose of it being shared with the Department for Education to assess eligibility for free school meals.

Your school's census returns to the Department for Education will include overall numbers of pupils eligible for Free School Meals so the school can receive the right funding, e.g. Pupil Premium, but will have no indication of pupils' immigration status.

In case of any issues, please contact your school or families can contact the Department for Education directly using the information on the [contact DfE page](#).



Amazing LEARNING at Bushmead! So proud of our children and our creative teachers!

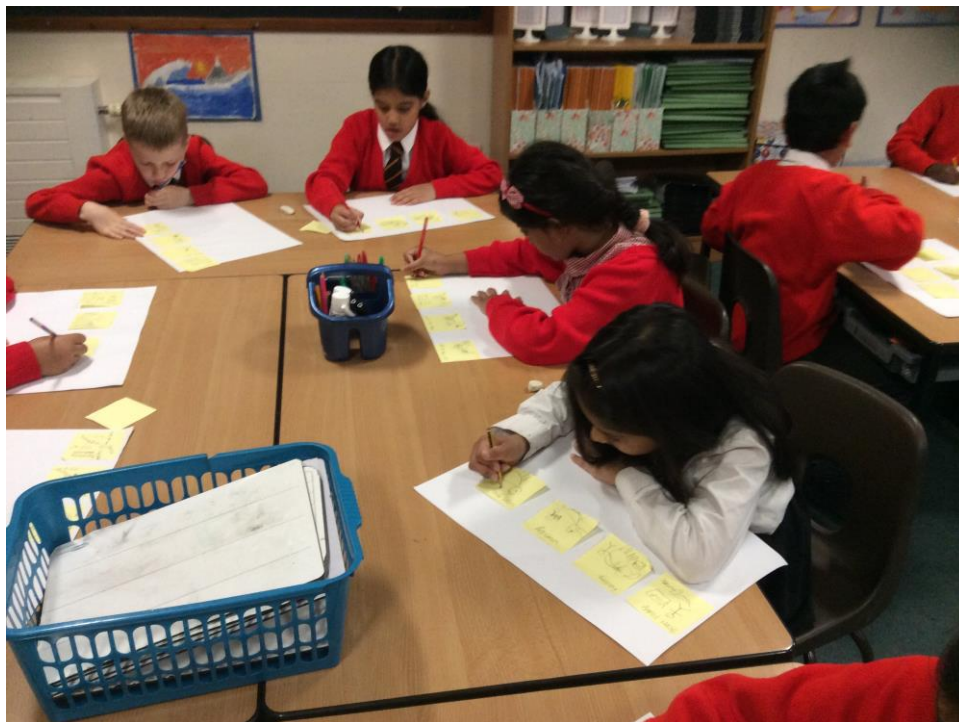


Sponsored Step! Thank you to everyone that has donated so far! Your generosity is greatly appreciated. Thank you! <https://www.justgiving.com/fundraising/bushmead-primary1>





Year 3 concentrating as they plan their writing



## Year 2 Music





Yr 6 have produced some amazing easels in DT to display their beautiful portrait work in the style of Julian Opie, Picasso and Frid Kahlo.









This week in year 4, we wrote our own set of instructions for creating a miniature raft. We used those instructions to create the rafts, before testing them in water!

Tue Tuesday 28 June 2022

How to make a raft

Do you want to wow your friends? Do you love relish and nature? If so, follow these precise instructions to construct a raft.

You will need:

1. Five thick, straight branches
2. A thin twig
3. A leaf
4. Some string
5. Lollipop sticks

What you need to do:

- Firstly, ensure your branches are of <sup>equal</sup> size and length.
- After you have cleared the ~~to~~ remains, line your branches side by side.
- Following that, carefully weave the string in on the front end. Repeat on the rear end. On both occasions, make the strongest knot you ~~know~~ are capable of.
- Once the ~~two~~ knots are ~~done~~ finished, glue a thin twig in and push ~~carefully~~ into the centre of or ~~at~~ your deck (your branches).

Eventually, while you're waiting for the twig to dry, ~~cut~~ snip a hole into the centre of your leaf.

✓ 10.

→ Now finish your instructions.

→ There's a missing piece of equipment (or two).

Tuesday 29<sup>th</sup> June 2022

I like this How to craft a miniature raft

Have you ever dreamt of making your own raft? Imagine making your own mini raft that works! All you need to do is continue reading.

Essential equipment

- Glue
- Lollipop sticks
- Small branches that are the same size
- A thin twig
- A ~~leaf~~ or a piece of paper
- String

What you need to do:

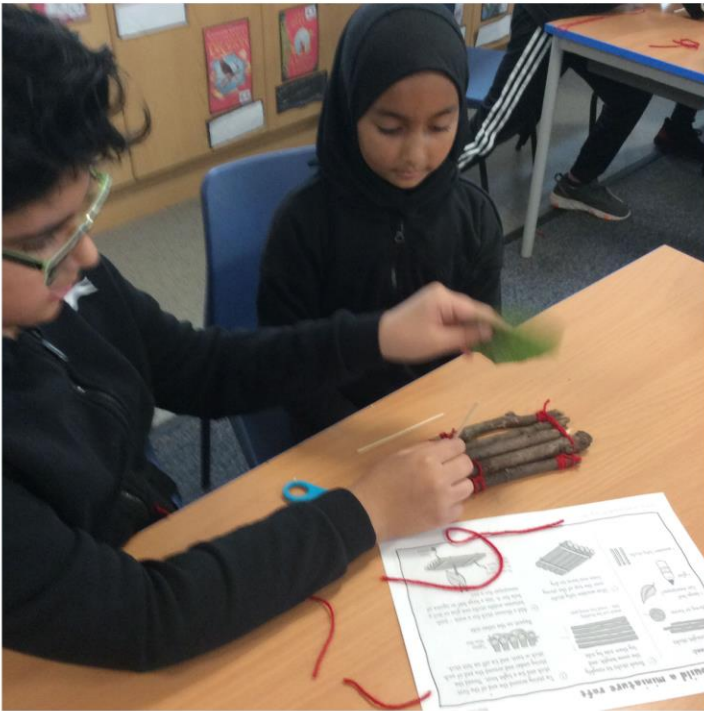
1. To begin with, retrieve your branches and line them up side by side.
2. Once you have lined them up and tied a knot around the first log, then start weaving. Repeat on the other side until secure.
3. Next, attach your twig to the deck (the bottom of the raft) with glue, ensuring that the twig is straight.
4. With care and precision, add twig slots onto your ~~leaf~~ or paper one on the bottom and one on the top.
5. Following that, place the ~~leaf~~ or paper onto the raft so that the twig is ~~so~~ that it has gone through the holes.

6. Afterwards, place your lollipop sticks horizontally on each side of the deck.

✓ 10. An excellent, well-written set of instructions.

→ Edit the underlined group of words so that you look but avoid repetition.







Reception Maths - Sharing in maths: equally dividing the pizza toppings onto each slice. Measuring in skills: predicting the sea creature's length and then measuring with cubes. Weighing in maths: predicting which object will be heavier or lighter and then testing (with our eyes closed so we can't cheat) by placing them inside carrier bags. Wow!





Football and Year 5 & 6 multi-sports







**Learn, laugh and eat  
with friends this summer!**

**Find out about holiday camps and activities  
for children aged 5 to 16 across Luton.**

**Energise Luton is supported by the  
Department for Education's Holiday Activity  
and Food (HAF2022) programme.**

**Find out more and book:  
[www.energiseluton.co.uk](http://www.energiseluton.co.uk)**

**Tel: 01582 400272**

**Or by visiting a local Active Luton leisure centre**

  **#HAF2022 #EnergiseLuton**



## Holiday Camps Across Luton Include

### Active Luton

Lewsey Sports Park & Pool | Lea Manor Recreation Centre  
Inspire: Luton Sports Village | Stockwood Park Athletics Centre  
Hart Hill Community Centre | Hightown Community Sports & Arts Centre  
Stockwood Park Golf Centre

**CYCD Rising Stars** – William Austin Junior School

**DawntilDusk** – Pirton Hill Junior School

**Families United Network** – Unit 5, Britannia Estate

**KidzZone** – Tennyson Road Primary School

### Level Trust

River Bank Primary School | University of Bedfordshire

### Luton Allstars

Lea Manor Recreation Centre

**Luton Celtic** – Farley Junior School

### Luton Town Football Community Trust

Dallow Primary School | Ely Way | Foxdell Junior School

**Raise Up Foundation** – 5 All Saints Close, LU3 1FA

**Rising Stars Youth Club** – Leagrave Community Centre

**River Bank** – River Bank Primary School

**St Mathews** – St Mathews Primary School

**Tokko** – Youth Centre Gordon Street

**Precious Pearls (Girls Only)** – Dallow Community Centre

**Warriorz (Street Dance)** – The Chalk Hills Academy

**William Austin Junior School** – William Austin Junior School

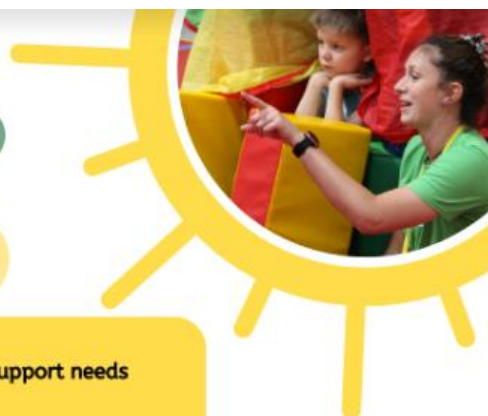
Where charges apply, camps cost around £20/day.

Please check at time of booking for exact cost and eligibility for funded places.



# SPACES STILL AVAILABLE!

## SUMMER FUN SCHEME 2022



Age: 10-17 years  
 Suitable for: For autistic young people with lower support needs (accessing mainstream education)  
 Ratio: 4 young people to 1 adult (there will be 10-12 young people in total per day)  
 Venues: Luton or Bedford  
 Dates: Mon 25th - Fri 29th July or Mon 1st - Fri 5th Aug 2022  
 Cost: £25 per day  
 Time: 9:30am - 3:00pm  
 Activities: Mon - Onsite activities, park visit and picnic  
 Tues - Bowling  
 Weds - Footgolf  
 Thurs - Orbital trampoline park  
 Fri - Mini golf

To apply, please contact:

Luton schemes: [sandie.allen@autismbeds.org](mailto:sandie.allen@autismbeds.org)

Bedford schemes: [lynsey.ahmed-murray@autismbeds.org](mailto:lynsey.ahmed-murray@autismbeds.org)

Please note the following schemes are now fully booked:

- JUNIOR ACTIVITY SCHEME: For autistic children aged 3-9 years old. We provide 1:1 and occasionally 2:1 where necessary.
- HOLIDAY CLUBS: For autistic young people with moderate to severe learning difficulties between 10-17 years old. We provide 1:1 and 2:1 where necessary.

Autism Bedfordshire is a Company Limited by Guarantee.  
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 Registered Office: 1 Hammond Road, Elms Farm Industrial Estate, Bedford, MK41 0UD.







*Eid ul Adha*



# 1EID FESTIVAL

## STOCKWOOD & WARDOWN PARK

[ EID PRAYER ONLY 10:00 AM ]

[ 3 DAY EID FESTIVAL ]

FRI 8TH JULY

JUMMAH IN THE PARK 1:30 PM

REMINDERS, FUNFAIR & BAZAAR FROM 4:00 PM

\*SAT 9TH JULY - SUN 10TH JULY

ALL DAY EID FESTIVAL

FOOD & DESSERTS / LARGEST EID FAIR / ANIMALS / BAZAAR

\*EID DAY WILL BE ANNOUNCED ON WEBSITE ON TUE 1ST JULY

BIGGEST EID CELEBRATION IN LUTON

FRIDAY - SUNDAY

8TH-10TH

JULY

EID DAY: PRAYER 10:00 AM / ALL-DAY FESTIVAL UNTIL 9 PM / FIREWORKS ON POPES MEADOW 9:30PM

**REGISTER NOW [WWW.1EID.NET](http://WWW.1EID.NET)**

VISIT WEBSITE FOR EVENT SCHEDULE, ATTRACTIONS AND PARKING



@1EIDUK



Wing Your Prayer App



Eventbrite



Sponsorship Available



Volunteers Needed



100% Donor Approved

1EID is a community led initiative. Please support our team by volunteering and donating.



INFO@1EID.NET



07958 183 184



SCHOOL MEMBER







*Tea, coffee, cakes  
& finding common ground*

**We are open Monday & Tuesday  
mornings 8.30am - 12.00pm**

*Why not pop in to say 'Hello'  
stop for a natter and enjoy  
some homemade cakes.*



# dp tennis camps

## Summer 2022

skills, fun, co-ordination, team games,  
techniques, competitions, awards!

**LIMITED SPACES @ VENUE360  
LUTON, LU1 3JH**

ALL AGES, ALL ABILITIES!

WEEK 1 - JULY 25TH - 28TH

WEEK 2 - AUG 1ST - 4TH

WEEK 3 - AUG 15TH - 18TH

9.30am to 3pm

£95 for 4 day week

£27.50 per day (if spaces)

**To book - text Danny on 07947 733703  
email [d.pymont@venue360.net](mailto:d.pymont@venue360.net)**



SCHOOL  
MEMBER







# #ACTIVECLUB

## SUMMER HOLIDAY CLUB

JOIN OUR INCREDIBLY POPULAR SUMMER CLUB  
WITH OUR NEW DATES READY FOR BOOKING ON  
FRIDAY 1ST JULY!



A FUN, INCLUSIVE AND ENGAGING CLUB FOR BOYS AND GIRLS!  
TURN UP AND ENJOY A FANTASTIC DAY!

INFORMATION WILL BE AVAILABLE TO SEE AND BOOK ONLINE

**WWW.ACTIVEPLAY26.COM**



**ACTIVEPLAY26**



**@ACTIVEPLAY26**



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