

Our Vision  
At Bushmead, children are empowered to be active, confident learners where they are inspired to be creative and excel.



## Bushmead Primary School

### Newsletter

15<sup>th</sup> July 2022

Our Value for July is **KINDNESS**.  
Our well-being theme this term is **Being Active**

Dear Parents and Carers,

It looks like we are due for some super-hot weather on Monday & Tuesday.



- Short breaks will be taken in shaded areas in the morning
- Indoor play at lunch time
- No vigorous exercise – PE lessons will be light yoga and indoors
- Classes will move around on a rota to share the air conditioned spaces
- Hydration - please make sure you send a water bottle to school
- Hats & sunscreen are a must to and from school
- Children can wear 'loose' PE kit instead of uniform if it is cooler for them
- No walking trips will take place
- All after school clubs are cancelled on Monday & Tuesday
- Year 6 trip on Monday will go ahead (it's indoor and air conditioned)
- Learning will be at a slow and steady pace!
- If your child has a health condition that would be affected by the heat, please keep your child at home.

**The current DfE and Luton advice is that we stay open. We will continue to monitor and follow any additional advice should it change over the weekend.**

It has been a joy reading how successful children have been this year in the **end of year reports**. You will receive them via ParentMail today. Thank you to our teachers for writing such personal and informative reports and administration team for all their hard work getting them to you.

**The academic results across the school this year have exceeded our expectations** given the disruption of the previous two years. Our end of KS2 results are above the provisional Luton and National averages – this is excellent! This is a credit to the resilience and determination of our children and the hard work of our dedicated staff. Thank you.

This week we had two fantastic **Sports Days**! They children's sporting behaviour was wonderful and it was brilliant fun. Thank you for coming along and supporting the days. A big thank you to Mr



Hendrickson, Mr Hilliard, Miss Glenister, Miss Dunne and Mr Scott for their organisation and efforts on the day. We have hundreds of photos – we will sort them and post them shortly!



Please, please, please park responsibly. We have had a number of cars on and blocking our neighbours drives – particularly during sports days. This is of course unacceptable and very frustrating. If you must drive, please park a little further away and walk.

**Library Book Amnesty.** Please check at home for any school books. Please return any books that have the Bushmead stamp or barcode. A house point will be given for every returned book!



**Do join us after school on Thursday for the FOBS raffle draw and a few other summer treats. Including Gelato Heaven ice cream!**

**We are looking for volunteers to join our FOBS team, if you can give a little time please email [fobs@bushmeadprimaryschool.co.uk](mailto:fobs@bushmeadprimaryschool.co.uk) or call the school office. Additional help is always needed.**

**Key dates:**

- 15<sup>th</sup> July - Reports to parents
- 15.30 – 16.30 21<sup>st</sup> July - FOBS Summer Raffle event
- **22<sup>nd</sup> July – Last Day of term**
- 1<sup>st</sup> & 2<sup>nd</sup> September school open for teacher training
- **Monday 5<sup>th</sup> September school begins for children**

Have a lovely weekend.

Joanne Travi  
Headteacher



# HELP US WIN £1,000 FOR OUR SCHOOL'S LIBRARY



National Book Tokens - please click [HERE](#) to nominate our school.  
Thank you.



# Beat the Heat

## Keep in touch



Look after yourself, older people and the young



Listen to the weather forecast and the news



Plan ahead to avoid the heat

## Keep well



Drink plenty of fluids and avoid excess alcohol



Dress appropriately for the weather



Slow down when it is hot

## Find somewhere cool



Know how to keep your home cool



Go indoors or outdoors, whichever feels cooler



Cars get hot, avoid closed spaces

## Watch out



Be on the lookout for signs of heat related illness



Cool your skin with water, slow down and drink water



Stay safe when swimming



Get help. Call NHS 111 or in an emergency 999

**For more information go to [www.nhs.uk/heatwave](http://www.nhs.uk/heatwave)**

PHE publications gateway number: GOV-12083

## Illness

Children are very tired at this time of year and can be susceptible to illness. We also have had a rise in COVID cases. Whilst we want children to be in school as much as possible, if your child is unwell please be cautious and test them for COVID before returning to school. Here is guidance on other illnesses from the NHS.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

## When should my child return to school?



<b>Chicken Pox</b> When all spots have crusted over	<b>Conjunctivitis</b> None*	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> None*	<b>Hand, foot &amp; mouth</b> None*	<b>Impetigo</b> When lesions are crusted & healed or 48 Hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> After first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> None*	<b>Whooping Cough</b> 48 Hours after commencing antibiotics
<b>Flu</b> Until recovered	<b>Head Lice</b> None*	<b>Threadworms</b> None*	<b>Tonsillitis</b> None*		



SCHOOL MEMBER





# What is MECC Link?

[Home](#) » What is MECC Link?

## What is MECC Link?

MECC Link is a simple but flexible online tool that has been carefully designed to support an approach to positive behaviour change called 'Making Every Contact Count' (MECC). MECC Link helps you to raise awareness, motivate and signpost people to help them to improve their health and wellbeing. MECC Link gives you access a full range of signposting information for health improvement, including self-care and national and local support services...and it does this all in one place by providing:

- Easily accessible information on key healthy lifestyle topics
- Suggested open questions using the Ask, Assist, Act model
- Information on a range of primary Self-care tools and resources
- Signposting to recommended national and local support services.



<https://www.mecclink.co.uk/location?location=luton>



# Are you struggling with the cost of school uniform?

Come and collect school uniform for free

At the Uniform Exchange, we have a wide range of school uniforms for Luton schools that we can give to you free of charge. Alternatively, you can order online for free:

<https://www.uniform.exchange>



Donate and collect any Luton school uniform



Donate your old school uniform

Please donate any uniform you are not using anymore.

We particularly need high school blazers, white polo shirts and girls grey trousers, but any spare uniform will be gratefully received.

We have a collection box outside the Uniform Exchange, in The Mall on the gallery.

Uniform Exchange, Unit 2G, The Mall, Luton, LU1 2TW  
Email us on: [admin@leveltrust.org](mailto:admin@leveltrust.org)



Yanis is a Brazilian Ju-jitsu World Champion!  
What an incredible achievement.



Amazing LEARNING at Bushmead! So proud of our children and our creative teachers!



Year 4 walking on Bradgers Hill with the Wildlife Trust



## Year 1 at Wardown Park





## Design & Technology – Cooking in Year 3



Year 4 have been looking at the work of Hannah Horn, the illustrator of their book *The Explorer*. The team sent her some examples of the children's work and this is what she said.....

*Thank you so much for your message. Such a lovely message to receive! These pictures are beautiful and the children have done my illustrations and *The Explorer* proud*

*I love the bold use of colour combined with the delicate pen and ink work and combining the wings with the sea life is brilliant! There's so much movement in them and I love the fish's facial expressions too! I'm currently working on a project for the Hampshire and Isle of Wight wildlife trust which is focusing on and promoting the sea life that are found in and around the Solent. So it's such a brilliant coincidence that the children drew fish too.*

*Thank you again for taking the time to send me these. I really appreciate it and their artwork has made my day*

*Hannah Horn*



## Reception Sports Day





Clay in Year 3





Wildlife Trust for  
**Beds, Cambs  
& Northants**

Share your pics



# Wilder Futures

## Family Fun Day at Stopsley Common

With the Wildlife Trust for Beds, Cambs and Northants

**Saturday 20<sup>th</sup> August – 12pm-4pm**

Nature themed activities for all the family

- Woodland sensory walks
- Story-telling tent
- Craft activities and games
- Authentic Italian ice cream van
- Face painting



Walks and stories run 12.30pm, 1.30pm and 2.30pm

(Book online at [wildlifebcn.org/events/2022-08-20-wilder-futures-summer-fun-day](https://wildlifebcn.org/events/2022-08-20-wilder-futures-summer-fun-day) or scan the QR code)

You are welcome to bring along your own picnic and blanket

Location –  what3words  spices.calm.drives

Parking and toilets available at Inspire Sports Village (LU2 8DD)

For further details please contact:  
[noreen.iqbal@wildlifebcn.org](mailto:noreen.iqbal@wildlifebcn.org)  
or 07874 895628



The Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire, The Manor House, Broad Street, Cambourne, CB23 6DH Tel: 01954 713500 Email: [cambridgeshire@wildlifebcn.org](mailto:cambridgeshire@wildlifebcn.org) Registered charity No. 1000412  
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**Learn, laugh and eat  
with friends this summer!**

**Find out about holiday camps and activities  
for children aged 5 to 16 across Luton.**

**Energise Luton is supported by the  
Department for Education's Holiday Activity  
and Food (HAF2022) programme.**

**Find out more and book:  
[www.energiseluton.co.uk](http://www.energiseluton.co.uk)**

**Tel: 01582 400272**

**Or by visiting a local Active Luton leisure centre**

  **#HAF2022 #EnergiseLuton**



## Holiday Camps Across Luton Include

### Active Luton

Lewsey Sports Park & Pool | Lea Manor Recreation Centre  
Inspire: Luton Sports Village | Stockwood Park Athletics Centre  
Hart Hill Community Centre | Hightown Community Sports & Arts Centre  
Stockwood Park Golf Centre

**CYCD Rising Stars** – William Austin Junior School

**DawntilDusk** – Pirton Hill Junior School

**Families United Network** – Unit 5, Britannia Estate

**KidzZone** – Tennyson Road Primary School

### Level Trust

River Bank Primary School | University of Bedfordshire

### Luton Allstars

Lea Manor Recreation Centre

**Luton Celtic** – Farley Junior School

### Luton Town Football Community Trust

Dallow Primary School | Ely Way | Foxdell Junior School

**Raise Up Foundation** – 5 All Saints Close, LU3 1FA

**Rising Stars Youth Club** – Leagrave Community Centre

**River Bank** – River Bank Primary School

**St Mathews** – St Mathews Primary School

**Tokko** – Youth Centre Gordon Street

**Precious Pearls (Girls Only)** – Dallow Community Centre

**Warriorz (Street Dance)** – The Chalk Hills Academy

**William Austin Junior School** – William Austin Junior School

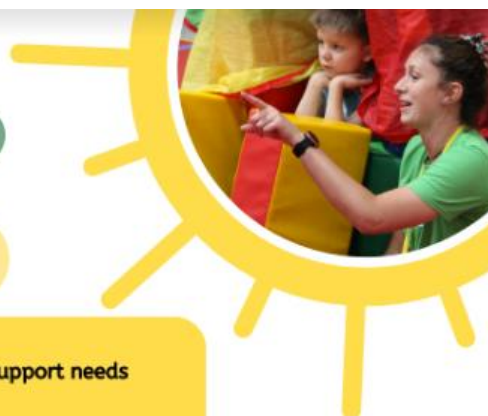
Where charges apply, camps cost around £20/day.

Please check at time of booking for exact cost and eligibility for funded places.



# SPACES STILL AVAILABLE!

## SUMMER FUN SCHEME 2022



Age: 10-17 years  
Suitable for: For autistic young people with lower support needs (accessing mainstream education)  
Ratio: 4 young people to 1 adult (there will be 10-12 young people in total per day)  
Venues: Luton or Bedford  
Dates: Mon 25th - Fri 29th July or Mon 1st - Fri 5th Aug 2022  
Cost: £25 per day  
Time: 9:30am - 3:00pm  
Activities: Mon - Onsite activities, park visit and picnic  
Tues - Bowling  
Weds - Footgolf  
Thurs - Orbital trampoline park  
Fri - Mini golf

To apply, please contact:

Luton schemes: [sandie.allen@autismbeds.org](mailto:sandie.allen@autismbeds.org)

Bedford schemes: [lynsey.ahmed-murray@autismbeds.org](mailto:lynsey.ahmed-murray@autismbeds.org)

Please note the following schemes are now fully booked:

- JUNIOR ACTIVITY SCHEME: For autistic children aged 3-9 years old. We provide 1:1 and occasionally 2:1 where necessary.
- HOLIDAY CLUBS: For autistic young people with moderate to severe learning difficulties between 10-17 years old. We provide 1:1 and 2:1 where necessary.

Autism Bedfordshire is a Company Limited by Guarantee.  
Registered in England No. 04632497. Registered Charity 1100722  
Registered Office: 1 Hammond Road, Elms Farm Industrial Estate, Bedford, MK41 0UD.





*Tea, coffee, cakes  
& finding common ground*

**We are open Monday & Tuesday  
mornings 8.30am - 12.00pm**

*Why not pop in to say 'Hello'  
stop for a natter and enjoy  
some homemade cakes.*



# dp tennis camps

## Summer 2022

skills, fun, co-ordination, team games,  
techniques, competitions, awards!

**LIMITED SPACES @ VENUE360  
LUTON, LU1 3JH**

ALL AGES, ALL ABILITIES!

WEEK 1 - JULY 25TH - 28TH

WEEK 2 - AUG 1ST - 4TH

WEEK 3 - AUG 15TH - 18TH

9.30am to 3pm

£95 for 4 day week

£27.50 per day (if spaces)

**To book - text Danny on 07947 733703  
email [d.pymont@venue360.net](mailto:d.pymont@venue360.net)**



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# #ACTIVECLUB

## SUMMER HOLIDAY CLUB

JOIN OUR INCREDIBLY POPULAR SUMMER CLUB  
WITH OUR NEW DATES READY FOR BOOKING ON  
FRIDAY 1ST JULY!



A FUN, INCLUSIVE AND ENGAGING CLUB FOR BOYS AND GIRLS!  
TURN UP AND ENJOY A FANTASTIC DAY!

INFORMATION WILL BE AVAILABLE TO SEE AND BOOK ONLINE

**WWW.ACTIVEPLAY26.COM**



**ACTIVEPLAY26**



**@ACTIVEPLAY26**



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## DID YOU KNOW ONE INJECTION COULD BE THE REASON WHY YOU ARE THRIVING TOMORROW?



At Optimized Body & Mind, we offer a range of blood tests, suited to your needs. We highly recommend taking the Full MOT blood test, as this tests up to 57 biomarkers, allowing you to see a breakdown of the performance of your body.

Blood tests are the perfect way to see how your overall health is and keeps a track of your physical health and wellbeing.

We also offer a range of other services such as vitamin injections, IV drips, allergy tests, PRF & PRP, weight loss and teeth whitening kits.

So why delay in taking a blood test, when you can begin making your future better today?

**Call us on**

0333 012 4214

**or email us on**

info@optimizedbodyandmind.co.uk

**or book directly on our website at**

www.optimizedbodyandmind.co.uk

### You can even visit us at

AA Business Centre, 326-340 Dunstable Road,  
Luton, LU4 8J



# Summer sessions at Luton Adult Learning

We are offering a variety of free\* family workshops throughout the summer.



**It's Good  
to be me**

**It's good to be me** for parents and children/families

Lockdown has had a big impact on all of us but especially our children. This workshop will allow you to explore a range of simple activities that you can carry out at home as a family to boost your child/children's self-confidence and self-worth.

**Workshop runs on:**

- Monday 15 August from 10am to 12.30pm
- Monday 22 August from 10am to 12.30pm



**Creative Wellness** for parents and children/families

Have a change of scenery, learn something new with like-minded people to help your wellness. Try out a range of paper craft techniques to decorate a greeting card or something for your home.

**Workshop runs on:**

- Tuesday 2 August from 10am to 12.30pm
- Tuesday 9 August from 10am to 12.30pm
- Monday 22 August from 10am to 12.30pm



**Five ways to wellbeing** for parents and children/families

Five ways to wellbeing are a set of public mental health messages aimed at improving the mental health and wellbeing of the whole population. Join us to find out about 5 steps you can take as a family to help improve your mental health and wellbeing.

**Workshop runs on:**

- Wednesday 17 August from 10am to 12.30pm
- Tuesday 23 August from 10am to 12.30pm

Suitable for children ages 5 to 11.

All children must be accompanied by a parent or carer.

Spaces are limited so please book your place by:

- ✉ emailing us at [info@lutonac.ac.uk](mailto:info@lutonac.ac.uk)
- ☎ calling us on 01582 490033
- 📍 dropping into our centre
- 🌐 enrolling online [via our website](#)
- 📌 \* subject to [eligibility](#)

Follow us on ....  
[Facebook](#) & Instagram  
[FamilyLearningLuton](#)

**You will find us in Arndale House, 2nd Floor, above The Mall shopping centre in Luton.  
Access is via the entrance by Chopstix Noodle Bar.**



**European Union**  
European  
Social Fund



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# Summer sessions at Luton Adult Learning

## Family ICT

Join us in the summer for a family ICT course of four sessions over two weeks. You will:

- work on a mini project with your child
- look at the importance of staying safe online
- work with your child to research and share information about your culture including:
  - ◊ using at least one greeting from your own and another culture or language
  - ◊ sharing what your culture means to you
  - ◊ exploring the benefits of sharing information about our own culture



Course 1 sessions run from 10am to 12pm on:	Course 1 sessions run from 10am to 12pm on:
Monday 1 August	Tuesday 23 August
Wednesday 3 August	Wednesday 24 August
Monday 8 August from	Tuesday 30 August
Wednesday 10 August	Wednesday 31 August

Suitable for children ages 5 to 11.

All children must be accompanied by a parent or carer.

Spaces are limited so please book your place by:

- ✎ emailing us at [info@lutonac.ac.uk](mailto:info@lutonac.ac.uk)
- ✎ calling us on 01582 490033
- ✎ dropping into our centre
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Follow us on ....  
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FamilyLearningLuton

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# KIDS EAT FOR FREE OR LESS DURING SUMMER 2022



## MORRISONS

Spend £4.99 to get a free kids meal after 3pm daily, normally all day during half term.

## ASDA CAFE

Kids eat for £1 every day with NO need for a paying adult from 25th July - 4th Sept, 2022.

## DUNELM

One free mini main, two snacks and a drink for every £4 spent in the in-store cafe.

**YO!** Kids eat free from 3pm-5:30pm Mon-Thurs for every £10 spent on food.

## BEEFEATER & BREWERS FAYRE

Free breakfast for two children under 16 with every paying adult.

## HUNGRY HORSE

Free kids breakfast with an adults breakfast from 9am-12pm daily.

## IKEA

Get TWO kids hot meals, fruit, drink and jelly for £5 in their Swedish restaurants (subject to availability).

## BELLA ITALIA

Kids eat for £1 with each adult meal from 4-6pm on Mon-Thurs.

## DOBBIES

Kids eat free with an adult main meal.

## TABLE TABLE

Two children under 16 get a free breakfast with one paying adult every day.

## CAFE ROUGE

Kids eat for £1 with an adult meal excluding Saturday.

## MORE TO COME!!

M&S, TESCO and more expected soon, see websites for latest information.





# KIDS SUMMER CAMP

**FUN AND ENJOYABLE  
BOXING BASED  
BOOTCAMPS FOR  
CHILDREN AGED 8-12**



**Marsh Farm  
MONDAYS**

**£10.00 per session  
£15.00 for 2\***

**Farley Hill  
WEDNESDAYS**

10.15am - 11.45am at Marsh  
Farm, Futures House.  
Luton

01/08 , 08/08, 15/08, 22/08

10.15-11.45 at Farley  
Hill Community  
Centre, Luton

03/08, 10/08, 17/08, 24/08  
31/08

Registration Link: [www.ragnarfitness.co.uk](http://www.ragnarfitness.co.uk)



@JORDAN REYNOLDSBOXINGACADEMYG



JORDAN REYNOLDS BOXING ACADEMY



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