

Our Vision
At Bushmead, children are empowered to be active, confident learners where they are
inspired to be creative and excel.



Bushmead Primary School Newsletter

25th November 2022

Our Value for November is **RESPECT**
Our well-being theme this half- term is **Learning Something New**

Dear Parents and Carers,

We have had a wonderful week of learning. Year 2 thoroughly enjoyed their trip to Shuttleworth, Yr 5 had a brilliant music workshop. Yr 1 & 2 children participated in the Sports Hall Athletics and Yr 5 & 6 boys took part in the ELF cup. Which we won and will go to County Finals in January. Congratulations to all involved.



Don't forget you the **FOBS Christmas Disco tickets**, Thursday 1st December, are available via ParentMail. The Christmas Shop will take place the week after.

Thank you to our core group of amazing volunteers who keep these events going for your children. **We really need more people to help.** Please contact the school office or fobs@bushmeadprimaryschool.co.uk Thank you.

We cannot agree leave. Attendance is essential, children are still recovering from considerable disruption to their learning over the last few years. Whilst we appreciate that this makes holidays more expensive and many in our community have family's overseas, there is clear guidance from the DfE on attendance, attendance matters to your child's education. **Our school target is 97%**

| | | |
|-----|---|---|
| 95% | = | 47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days |
| 90% | = | 95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day |
| 85% | = | 142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days |
| 80% | = | 190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days |

ATTENDANCE MATTERS

WHAT DO YOUR
ATTENDANCE
FIGURES
ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days



Thank you for your contributions we raised an amazing £746.95

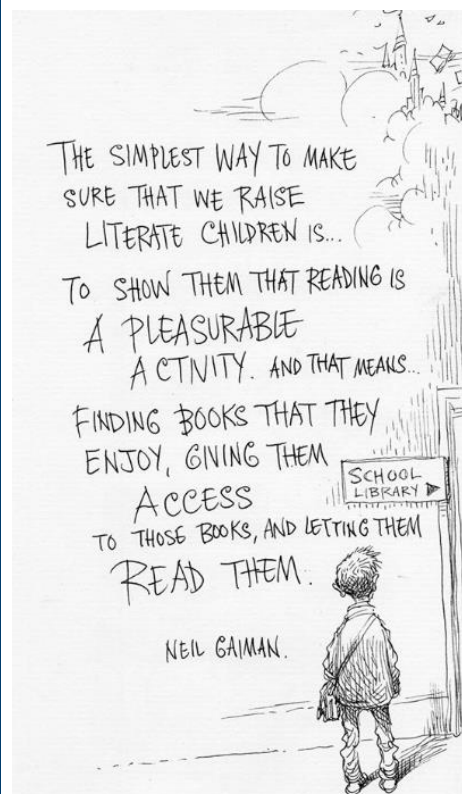
Old Bedford Road Entrance

We are very aware that the path is narrow and bumpy. It has been inspected by the LBC Health & Safety team, hence the signs to warn people of the cracks. It will be repaired when we have funding, in the meantime we have two choices first to keep the gate open and make everyone aware of the issues or close the gate for the foreseeable



future. The problem with closing the gate is the extra congestion it will cause at the other two gates. **If you feel the path is not right for you, perhaps you have younger children or a buggy, please use either of the other gates for now.** Please do not walk up the grass verge as it is very muddy and a slip hazard too. Many thanks.

Don't forget **The Miller Hub Library is open to children and parents on Tuesday and Wednesday after school.** You can simply go, choose books and read with your child.



Recommended Books lists, for possible Christmas and birthday presents and trips to the library.

<https://www.booktrust.org.uk/books-and-reading/our-recommendations/100-best-books/>

<https://schoolreadinglist.co.uk/category/reading-lists-for-primary-school-pupils/>

<https://www.lovereadings4kids.co.uk/genre/pw/childrens-book-awards-shortlists-and-winners>

Why reading is so important. *One of the least expected predictors of life success is one's reading ability in primary school.* Reading with pleasure, and especially reading fiction, is far more important than we have ever imagined.

KS2 SATS (Yr 6 only)

An additional bank holiday in honour of the Coronation of His Majesty King Charles III will take place on Monday 8 May 2023. As this date had previously been announced as the first day of the 2023 key stage 2 (KS2) test week in England, a change to the KS2 test schedule next year will be necessary. Tests will take place on the 4 subsequent days, Tuesday – Friday.

Upcoming dates. Please see our website [calendar](#)

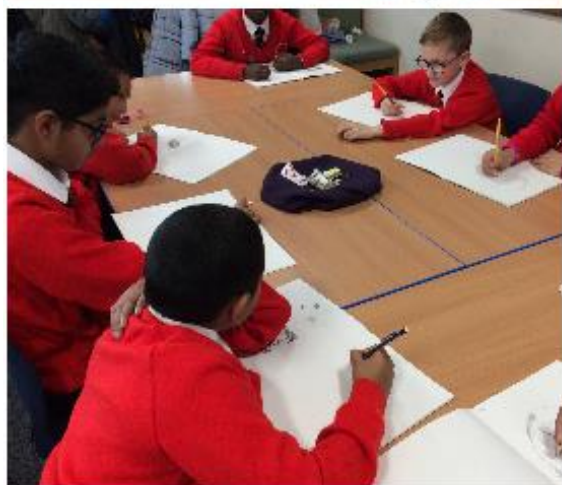
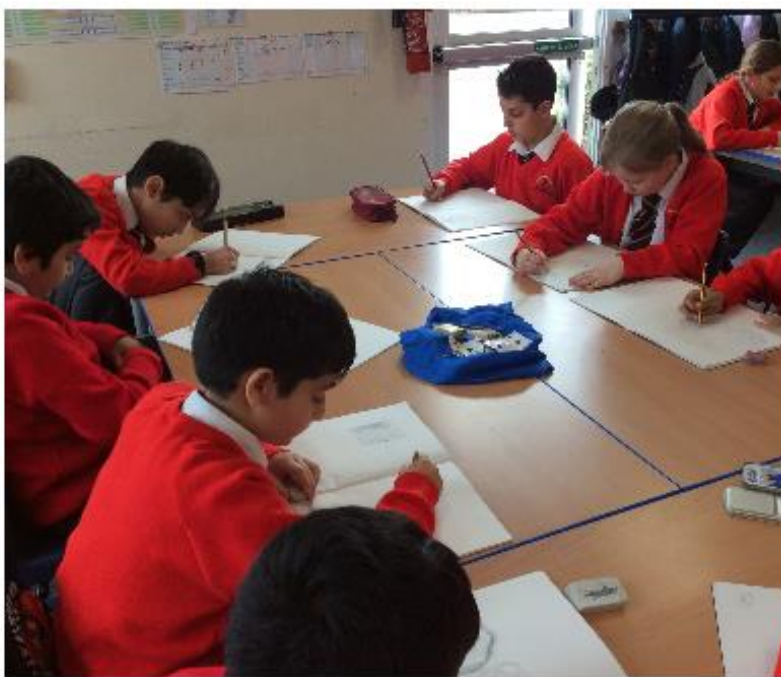
- Family Conversation for Parents and Carers Courses – ongoing on Tuesday mornings
- Netball Fixture (selected teams) – Tuesday 29th November
- Yr 5 & 6 Dodgeball (selected teams) – Wednesday 30th November
- **FOBS Christmas Disco – Thursday 1st December ***
- FOBS Christmas Shop – Week beginning 5th December
- Reception Christmas Performance – Wednesday 14th (am) & Thursday 15th (pm) December
- Last day of Term – Friday 16th December

Have a lovely weekend.

Joanne Travi
Headteacher



Year 5 have been sketching still life pictures based on Hugo Cabret.



Year 5 taught year 1 some playground games as part of anti-bullying week.



Year 6 have been working extremely hard this week to create planets for their DT and science project which is based on space. Their learning objective was to explore layers, adhesives and materials for papier mache.



My asthma triggers

List the things that make your asthma worse so you can try to avoid or treat them.



Always keep your reliever inhaler (usually blue) and your spacer with you. You might need them if your asthma gets worse.

Last reviewed and updated 2021; next review 2024.

Asthma and Lung UK, a charitable company limited by guarantee with company registration number 08003314, with registered charity number 200730 in England and Wales, SC038495 in Scotland, and 1171 in the Isle of Man.

I will see my doctor or asthma nurse **at least** once a year (but more if I need to)

Date my asthma plan was updated:

Date of my next asthma review:

Doctor/asthma nurse contact details:

Parents and carers – get the most from your child's action plan

- Take a photo and keep it on your mobile (and your child's mobile if they have one)
- Stick a copy on your fridge door
- Share your child's action plan with their school

Learn more about what to do during an asthma attack asthma.org.uk/child-asthma-attacks

ASTHMA QUESTIONS?

Parents and carers ask our respiratory nurse specialists
Call **0300 222 5800**
WhatsApp **07378 606 728**
(Monday-Friday, 9am-5pm over 16 only)

ASTHMA+
LUNG UK

CHILD ASTHMA ACTION PLAN

Fill this in with your GP or nurse

Name and date:

1 My every day asthma care

I need to take my preventer inhaler every day.

It is called:

and its colour is:

I take puff/s of my preventer inhaler in the morning and puff/s at night. I do this every day even if my asthma's OK

Other asthma medicines I take every day:

My reliever inhaler helps when I have symptoms.

It is called:

and its colour is:

I take puff/s of my reliever inhaler when I wheeze or cough, my chest hurts or it's hard to breathe.



If I need my reliever inhaler (usually blue) when I do sports or activity, I need to see my doctor or my asthma nurse.

2 My asthma is getting worse if...

- I wheeze, cough, my chest hurts, or it's hard to breathe **or**
- I need my reliever inhaler (**usually blue**) three or more times a week **or**
- I'm waking up at night because of my asthma (this is an important sign and I will book a next day appointment with my GP or nurse).

If my asthma gets worse, I will:

- Take my preventer medicines as normal
- And also take puff/s of my reliever inhaler (**usually blue**) every four hours if needed
- See my doctor or nurse within 24 hours if I don't feel better.

URGENT!

If your reliever inhaler is not lasting four hours, you need to take emergency action now (see section 3)

Remember to use my spacer with my inhaler if I have one.

If I don't have one, I'll check with my doctor or nurse if it would help me.

Other things my doctor or nurse says I need to do if my asthma is getting worse (e.g. check my peak flow)

3 I'm having an asthma attack if...

- My reliever inhaler isn't helping or I need it more than every four hours **or**
- I can't talk, walk or eat easily **or**
- I'm finding it hard to breathe **or**
- I'm coughing or wheezing a lot or my chest is tight/hurts.

If I have an asthma attack I will:

1. Call for help. Sit up – don't lie down. Try to keep calm.
2. Take one puff of my reliever inhaler (with my spacer, if I have it) every 30 to 60 seconds, up to a total of 10 puffs.
3. If I don't have my reliever inhaler, or it's not helping, or if I am worried at any time, **call 999 for an ambulance.**
4. If the ambulance has not arrived after 10 minutes and my symptoms are not improving, repeat step 2.
5. If my symptoms are no better after repeating step 2, and the ambulance has still not arrived, **contact 999 again immediately.**



Even if I start to feel better, I don't want this to happen again, so I need to see my doctor or asthma nurse today.

A ParentMail was sent this week. If you have any questions, please contact our Welfare Officer. Please make sure we have your child's updated Asthma Action Plan. Thank you.





**Learn, laugh and eat
with friends this Christmas!**

**Winter bookings open
from 21st November!**

**Find out about FREE holiday camps and activities for
school aged children up to 16 across Luton.**

**Energise Luton is supported by the Department
for Education's Holiday Activity and Food (HAF2022)
programme for those on free school meals.**

**Find out more and book:
www.energiseluton.co.uk**

Tel: 01582 400272

Or by visiting a local Active Luton leisure centre
To book you will require your free school meal code from your school.



Stopsley Christmas Market

80 stalls selling a range of Christmas gifts, treats & more!

At Stopsley Baptist Church and St Thomas' Church

From 11am - 4pm on Saturday 3rd December!

Free Entry

Follow on Facebook for more information:
@StopsleyChristmasMarket

BBQ & Festive Refreshments
@ St Thomas' Church

Santa's Grotto & The Market Café
@ Stopsley Baptist Church



Grotto
Booking



Market
Information

stopsleychristmasmarket@gmail.com





Holiday Club

CHRISTMAS HOLIDAY CLUBS

Activities for children aged * 2 upwards

HOLIDAY CLUB FUN
FROM
£18
PER SESSION



FREE
places
available

Lots of activities to choose from:
Arts & Crafts, Cookery, Archery, Football,
Climbing Frames, Bouncy Castles, Scooters and much more.

Booking is easy...

Visit www.kidsdowntildusk.co.uk
to complete your booking. For more information email
holidayclub@kidsdowntildusk.co.uk
Or call us on **01234 930 505**

Our holiday clubs are available in 4 sessions

FREE Places available - conditions apply

| Setting | 9am-3pm | 8am-5pm | 7.30am-6pm | 10am-2pm |
|-----------------------------|---------|---------|------------|----------|
| Bedford Road Primary | ✓ | | | |
| Biggleswade Academy | ✓ | ✓ | ✓ | |
| Clifton All Saints Academy | ✓ | | | |
| Great Ouse Primary Academy | ✓ | | | |
| Kings Oak Academy | ✓ | | | |
| Lakeview Pre-School, Wixams | ✓ | ✓ | ✓ | |
| Pirton Hill Primary, Luton | | | | ✓ |
| Shortstown Primary | ✓ | ✓ | ✓ | |
| Thomas Johnson Lower | ✓ | ✓ | | |

All snacks, drinks, breakfast and hot lunch will be provided, only bring a packed tea if your child is booked in after 3pm.

Visit www.kidsdowntildusk.co.uk
for prices and for details
of our **Early Bird Discounts**

Discount
for
siblings!

BOOK NOW or FIND OUT MORE



Discount for siblings!
We accept childcare vouchers

* 2 year old spaces available at
Lakeview Pre-School & Biggleswade Academy

www.kidsdowntildusk.co.uk

01234 930 505

We are running a holiday club at Pirton Hill Primary School. We offer council funded sessions for free school meal children and children that fit the additional criteria (this includes young carers, SEND children etc.) and paying spaces at £18 for 10am-2pm.

Each school has a code to give to the families who are registered as in receipt of free school meals and a code for additional criteria children.

Below is the link to the Active Luton page with more information on the HAF programme.

<https://www.activeluton.co.uk/energise-luton-holiday-camps>

Also a link to our website for more information about us.

<https://kidsdowntildusk.co.uk/>





- This Christmas card competition is running until the **30th November 2022**.
- The pupil who creates the winning design will be given a supply of the printed cards with their design on to give to family and friends this festive season, they will also receive a very special prize!
- Please try to use coloured pens, pencils and / or paint only and no glueing so we can print your card.

This competition is run by your School Catering provider - abm Catering.

Please can all entries be collated and sent to the following address by no later than **30th November 2022** for inclusion in the competition:

Marketing Department
abm Catering Limited,
Eagle Court,
63 - 67 Saltisford,
Warwick,
CV34 4AF





MSA LUTON KIDS MUAY THAI KICKBOXING



AGES 6- 16 years of age
£5 a session

<http://www.msaluton.co.uk>

Kru David
Full DBS
Qualified MT
instructor, teacher,
nurse and academic.
07954408089

FUN AND
ENJOYABLE
KICKBOXING
BASED
TRAINING
SESSIONS

BENEFITS OF MUAY THAI FOR KIDS

- Improves fitness
- Improves confidence
- Improves mental strength
- Improves self-defence
- Improves social skills

Likes most sports kids will warm up each session, engage in different techniques, join group sessions and develop endurance and fitness under the watchful eye of Kru David

Address
Bushmead Community Hub
Hancock Drive
Luton
LU2 7SF

Every Wednesday 6-7pm
Practice makes perfect

MSA
MASTER GREEN
ACADEMY



SCHOOL
MEMBER

