## Scheme of work for Relationships Education at Bushmead Primary School.

The following scheme of work will include three lesson plans in each year (four in year six), covering the topics listed below. Ground rules will be set for each lesson and children are encouraged to respond if they feel comfortable. Relationships Education is learning about the emotional, social and physical aspects of growing up, puberty, relationships and reproduction. Some aspects are also taught in science, and others are taught as part of personal, social, health and economic education (PSHE). A comprehensive programme of Relationships Education provides accurate information about the body, puberty and reproduction. It also gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline. High quality Relationships Education helps create safe school communities in which pupils can grow, learn, and develop positive, healthy behaviour for life.

Year Group		Lesson	Lesson Content
		Heading	
Reception: 'Our lives'	ı	Our day	<ul> <li>To consider the routines and patterns of a typical day.</li> <li>Understand some areas in which the children can look after themselves e.g. dressing and undressing</li> </ul>
Our lives	2	Keeping ourselves clean	<ul> <li>To understand why hygiene is important</li> <li>Explain why it is important to keep clean Understand some basic hygiene routines</li> </ul>
	3	Families	<ul> <li>To recognise that all families are different</li> <li>Identify different members of the family</li> <li>Understand how members of a family can help each other</li> </ul>
Year I:	I	Keepings clean	<ul> <li>To understand some basic hygiene principles</li> <li>Know how to keep clean and look after oneself</li> </ul>
'Growing and caring for	2	Growing and changing	<ul> <li>To introduce the concept of growing and changing</li> <li>Understand that babies become children and then adults</li> <li>Know the differences between boy and girl babies</li> </ul>
ourselves'	3	Families and care	<ul> <li>To explore different types of families and who to ask for help</li> <li>Know there are different types of families</li> <li>Know which people we can ask for help</li> </ul>
Year 2: 'Differences'	I	Differences: Boys and Girls	<ul> <li>To introduce the concept of male and female and gender stereotypes</li> <li>To identify differences between males and females</li> <li>Understand that some people have fixed ideas about what boys and girls can do</li> <li>Describe the difference between male and female babies</li> </ul>
	2	Differences: Male and Female	<ul> <li>To explore some of the differences between males and females and to understand how this is part of the lifecycle</li> <li>Describe some differences between male and female animals</li> <li>Understand that making a new life needs a male and a female</li> </ul>
	3	Naming body parts	<ul> <li>To focus on sexual difference and name body parts</li> <li>Describe the physical differences between males and females</li> <li>Name the male and female body parts</li> </ul>
Year 3: 'Valuing difference and keeping	I	Differences: Male and Female	<ul> <li>To explore the differences between males and females and to name the body parts</li> <li>Know some differences and similarities between males and females</li> <li>Name male and female body parts using agreed words</li> </ul>
safe'	2	Personal space	To know that a person has the right to say what they like and dislike

Identify different types of touch that people like and do not like   Understand personal space   Talk about ways of dealing with unwanted touch				·
Part   Family differences   Talk about ways of dealing with unwanted touch				1
Talk about ways of dealing with unwanted touch				
Teamly differences				1 1
Pear 4:   Crowing up'   Crowing and changing   Crowing up'   Crowing u		-	Family differences	
Year 4:  'Growing up'  1 Growing and changing  2 What is puberty?  2 What is puberty?  3 Puberty changes and reproduction  1 Talking about puberty  1 Talking about puberty  2 Male and Female changes  4 Male and Female changes  4 Puberty, relationships and reproduction  2 Male and Female changes  3 Puberty and Hygiene  4 Communication in relationships  5 Consider puberty and negative ways of communicating in a relationship in a			l'airiny differences	1 71
Year 4: 'Growing up'  1 Growing and changing  2 What is puberty?  3 Puberty changes and reproduction puberty  4 Talking about puberty  1 Talking about puberty  4 Describe the emoins all puberty  5 To explore he wound and puberty  6 Discuss male and female changes which happen to the body during puberty  7 Understand that children change into adults so that they are able to reproduce  2 Male and Female changes  3 Puberty and Hygiene  4 Puberty, relationships and Puberty, relationships and reproduction  1 Puberty  Year 6:  9 Puberty, relationships and pregnancy  1 Puberty and Pregnancy  1 Puberty and Pregnancy  1 Puberty and Preproduction  1 Puberty, relationships and pregnancy  2 Understanding relationships  1 Puberty and Pregnancy  1 Puberty and Pregnancy  1 Puberty and Pregnancy  1 Puberty and Pregnancy  2 Understanding relationships  3 Conception and pregnancy  4 Communication in relationships  4 Communication in relationships  5 To explore positive and negative ways of communicating in a relationship i				
Pear 4:   1 Growing and changing   0 Describe the main stages of the human lifecycle   Describe the body changes that happen when a child grows up   To identify some basic facts about puberty   Discuss male and female body parts using agreed words   Know some of the changes which happen to the body during puberty   Discuss male and female body parts using agreed words   Know some of the changes which happen to the body during puberty   Understand that children change into adults so that they are able to reproduce   To explore the emotional and emotional changes that happen in puberty   Explain the main physical and emotional changes that happen during puberty   Explain the main physical and emotional changes that happen during puberty   Explain the main physical and emotional changes that happen during puberty   Explain the main physical and emotional changes in puberty   Explain the main physical and emotional changes that happen during puberty   Explain the main physical and emotional changes that happen during puberty   Explain thought the main physical and emotional changes that happen during puberty   Describe how to manage physical and emotional changes in more detail   Understand male and female puberty changes in more detail   Understand male and female puberty on the body and the importance of physical hygiene   To explore the impact of puberty on the body and the importance of physical hygiene   To explore the impact of puberty on the body and the importance of physical hygiene   To explore the impact of puberty on the body and the importance of physical hygiene   To explore the impact of puberty on the body and the importance of physical hygiene   To explore the ordinary puberty   Describe how and why the body changes during puberty   Explain how to say clean during puberty   To explore puberty and reproduction   To explore the process of conception a				
Tear 4:   Growing up'   Changing   Changing puberty   Changes that happen when a child grows up   Changes which happen to the body during puberty   Changes that happen in puberty   Changes that happen during puberty   Changes t				· · · · · · · · · · · · · · · · · · ·
Puberty and Hygiene   Puberty and Hygiene   Puberty and Hygiene   Puberty and Prepaduction   Puberty   Puberty   Puberty and reproduction   Puberty   Puberty   Puberty and reproduction   Puberty	Year 4:	I	Growing and	
Puberty and Hygiene   Puberty and Production   Puberty and Production   Puberty and Preproduction   Puberty   Puberty and Preproduction   Puberty   Puberty and Preproduction   Puberty   Puberty   Puberty and Preproduction   Puberty and Preprodu	'Growing up'		changing	<ul> <li>Describe the main stages of the human lifecycle</li> </ul>
To identify some basic facts about puberty   Discuss male and female body parts using agreed words   Know some of the changes which happen to the body during puberty	0 1			1
Puberty of the pubert				
Substitution   Subs		2	What is puberty?	
Puberty changes and reproduction   Talking about puberty				
Year 5:				
Year 5: 'Puberty'  I Talking about puberty		-	Puborty changes	
Puberty and Hygiene   To explore the impact of puberty on the body and the importance of physical how to stay clean during puberty				
Year 5:  'Puberty'  I Talking about puberty  I Explain the main physical and emotional changes that happen during puberty  Ask questions about puberty with confidence  I Male and Female changes  I Male and Female changes  I Understand male and female puberty changes in more detail  I Understand how puberty affects the reproductive organs bescribe how to manage physical and emotional changes  I Describe how to manage physical and emotional changes  I Describe how to manage physical and emotional changes  I Describe how to manage physical hygiene  I Describe how emotions change during puberty  Explain how to stay clean during puberty  Explain how to stay clean during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to stay clean during puberty  Explain how to get help and support during puberty  Explain how to stay clean degrative ways of communicating in a relationship  To explore the process of conception and pregnancy  Describe how and the impact of puberty and reproduction  Explain how to stay clean degrative to be made before having a baby  Explain how to stay clean degrative to share			and reproduction	
Year 5:  'Puberty'  I Talking about puberty  Puberty'  Male and Female changes  Changes  I Puberty and Hygiene  I Puberty, Describe how to manage physical and emotional changes in more detail in puberty  Explain the main physical and emotional changes in more detail in puberty affects the reproductive organs in possible how to manage physical and emotional changes  I Puberty and Hygiene  I Puberty and Hygiene  I Puberty and reproduction  Year 6:  Puberty, relationships and reproduction  I Puberty and				
Puberty				
Explain the main physical and emotional changes that happen during puberty     Ask questions about puberty with confidence     To understand male and female puberty changes in more detail     Understand how puberty affects the reproductive organs     Describe how to manage physical and emotional changes     To explore the impact of puberty on the body and the importance of physical hygiene     To explore the impact of puberty on the body and the importance of physical hygiene     To explore ways to get support during puberty     Explain how to stay clean during puberty     Explain how to stay clean during puberty     Explain how to stay lean during puberty     Explain how to get help and support during puberty	Year 5:		Talking about	To explore the emotional and physical changes occurring
Puberty and reproduction      Puberty, relationships and reproduction      C Understanding relationships      C Consciet on Mark Sand Puberty and reproduction      C Understanding relationships      C Consciet on Mark Sand Puberty and reproduction      C Understanding relationships      C Communication in relationships      C Communication in relationships      C Male and Female Ask questions about puberty with confidence      C Male and Female Changes      C Describe how to manage physical and emotional changes in more detail      C Describe how to manage physical and emotional behavior in puberty on the body and the importance of physical hygiene      C Describe how and three production      C Describe how and why the body changes during puberty in preparation for reproduction      C Describe how and why the body changes during puberty in preparation for reproduction      C Consider physical & emotional behaviour in relationships      Discuss different types of adult relationships with confidence      Know what form of touching is appropriate      C Describe the decisions that have to be made before having a baby      Know some basic facts about pregnancy and conception      To explore positive and negative ways of communicating in a relationship      To have considered when it is appropriate to share	'Puberty'		puberty	
Male and Female changes	•			
Male and Female changes				
changes  changes  detail  Understand how puberty affects the reproductive organs  Describe how to manage physical and emotional changes  To explore the impact of puberty on the body and the importance of physical hygiene  To explore ways to get support during puberty  Explain how to stay clean during puberty  Explain how to stay clean during puberty  Know how to get help and support during puberty  Know how to get help and support during puberty  To consider puberty and reproduction  Puberty, relationships  and  reproduction'  2 Understanding relationships  To consider puberty and reproduction with confidence  Consider physical & emotional behaviour in relationships  Discuss different types of adult relationships with confidence  Know what form of touching is appropriate  3 Conception and pregnancy  Describe the decisions that have to be made before having a baby  Know some basic facts about pregnancy and conception  4 Communication in relationships  To have considered when it is appropriate to share		<u> </u>		
Puberty and Hygiene  1 Puberty and Hygiene  1 Puberty and Hygiene  1 Puberty and Explain how to manage physical and emotional changes  2 Explain how to stay clean during puberty  Explain how to stay clean during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to get help and support during puberty  Explain how to stay clean during puberty  Explain how to get help and support during puberty  Explain how to stay clean during puberty  Explain how to stay cle		2		_ · · · · ·
Puberty and Hygiene  1 Puberty and Hygiene  1 Puberty and Explain how to stay clean during puberty  2 Puberty, relationships and reproduction  2 Understanding relationships  3 Conception and pregnancy  4 Communication in relationships  3 Puberty and Hygiene  4 Communication in relationships  3 Puberty and Hygiene  5 To explore the impact of puberty on the body and the importance of physical hygiene  6 To explore ways to get support during puberty  6 Explain how to stay clean during puberty  7 Explain how to get help and support during puberty  8 To consider puberty and reproduction  9 Describe how and why the body changes during puberty in preparation for reproduction  1 Talk about puberty and reproduction with confidence  9 Consider physical & emotional behaviour in relationships with confidence  9 Know what form of touching is appropriate  1 To explore the process of conception and pregnancy  1 Describe the decisions that have to be made before having a baby  1 Know some basic facts about pregnancy and conception  4 Communication in relationship  1 To explore positive and negative ways of communicating in a relationship  1 To have considered when it is appropriate to share			Changes	
To explore the impact of puberty on the body and the importance of physical hygiene				
Hygiene  importance of physical hygiene  To explore ways to get support during puberty Explain how to stay clean during puberty Describe how emotions change during puberty Know how to get help and support during puberty Teleproduction  Puberty, relationships and reproduction  Puberty, relationships and reproduction  Puberty, relationships  and reproduction  Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence  Consider physical & emotional behaviour in relationships Discuss different types of adult relationships with confidence Know what form of touching is appropriate  To explore the process of conception and pregnancy Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception  To explore positive and negative ways of communicating in a relationship To have considered when it is appropriate to share		3	Puberty and	
To explore ways to get support during puberty Explain how to stay clean during puberty Describe how emotions change during puberty Know how to get help and support during puberty To consider puberty and reproduction Puberty, relationships and reproduction  1 Puberty and reproduction Puberty, relationships and reproduction  2 Understanding relationships Discuss different types of adult relationships with confidence Know what form of touching is appropriate  3 Conception and pregnancy Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception  4 Communication in relationships To have considered when it is appropriate to share			1 '	
Pear 6:  'Puberty, relationships and reproduction'  2 Understanding relationships relationships  3 Conception and pregnancy  4 Communication in relationships  To consider puberty and reproduction  Describe how and why the body changes during puberty in preparation for reproduction  Talk about puberty and reproduction with confidence  Consider physical & emotional behaviour in relationships biscuss different types of adult relationships with confidence  Know what form of touching is appropriate  To explore the process of conception and pregnancy behaving a baby  Know some basic facts about pregnancy and conception  To explore positive and negative ways of communicating in a relationship  To have considered when it is appropriate to share			''	
Year 6:  'Puberty, relationships and reproduction'  2 Understanding relationships elationships  3 Conception and pregnancy  4 Communication in relationships  To consider puberty and reproduction  • Describe how and why the body changes during puberty in preparation for reproduction  • Talk about puberty and reproduction with confidence  • Consider physical & emotional behaviour in relationships  • Discuss different types of adult relationships with confidence  • Know what form of touching is appropriate  • To explore the process of conception and pregnancy  • Describe the decisions that have to be made before having a baby  • Know some basic facts about pregnancy and conception  • To explore positive and negative ways of communicating in a relationship  • To have considered when it is appropriate to share				
Puberty, relationships and reproduction				1
relationships and reproduction  Puberty, relationships and reproduction  Preproduction  Consider physical & emotional behaviour in relationships picture.  Consider physical & emotional behaviour in relationships picture.  Consider physical & emotional behaviour in relationships picture.  Consider physical & emotional behaviour in relationships with confidence.  Know what form of touching is appropriate.  Conception and pregnancy picture.  Communication in relationships  Know some basic facts about pregnancy and conception.  Communication in relationships  To explore positive and negative ways of communicating in a relationship.  To have considered when it is appropriate to share				
relationships and reproduction'  2 Understanding relationships			1 '	
<ul> <li>Talk about puberty and reproduction with confidence</li> <li>Understanding relationships</li> <li>Discuss different types of adult relationships with confidence</li> <li>Know what form of touching is appropriate</li> <li>To explore the process of conception and pregnancy</li> <li>Describe the decisions that have to be made before having a baby</li> <li>Know some basic facts about pregnancy and conception</li> <li>Communication in relationships</li> <li>To explore positive and negative ways of communicating in a relationship</li> <li>To have considered when it is appropriate to share</li> </ul>	-		reproduction	
reproduction'  2 Understanding relationships  • Consider physical & emotional behaviour in relationships  • Discuss different types of adult relationships with confidence  • Know what form of touching is appropriate  3 Conception and pregnancy  • Describe the process of conception and pregnancy  • Describe the decisions that have to be made before having a baby  • Know some basic facts about pregnancy and conception  4 Communication in relationships  • To explore positive and negative ways of communicating in a relationship  • To have considered when it is appropriate to share				
relationships  Discuss different types of adult relationships with confidence  Know what form of touching is appropriate  Conception and pregnancy  Describe the process of conception and pregnancy  Describe the decisions that have to be made before having a baby  Know some basic facts about pregnancy and conception  Communication in relationships  To explore positive and negative ways of communicating in a relationship  To have considered when it is appropriate to share		<u> </u>	Understanding	
confidence  Know what form of touching is appropriate  Conception and pregnancy  To explore the process of conception and pregnancy  Describe the decisions that have to be made before having a baby  Know some basic facts about pregnancy and conception  Communication in relationships  To explore positive and negative ways of communicating in a relationship  To have considered when it is appropriate to share	reproduction		_	
<ul> <li>Know what form of touching is appropriate</li> <li>Conception and pregnancy</li> <li>Describe the decisions that have to be made before having a baby</li> <li>Know some basic facts about pregnancy and conception</li> <li>Communication in relationships</li> <li>To explore positive and negative ways of communicating in a relationship</li> <li>To have considered when it is appropriate to share</li> </ul>			, classicines	
<ul> <li>Conception and pregnancy</li> <li>Describe the decisions that have to be made before having a baby</li> <li>Know some basic facts about pregnancy and conception</li> <li>Communication in relationships</li> <li>To explore positive and negative ways of communicating in a relationship</li> <li>To have considered when it is appropriate to share</li> </ul>				
a baby  Know some basic facts about pregnancy and conception  4 Communication in relationships  To explore positive and negative ways of communicating in a relationship  To have considered when it is appropriate to share		3	Conception and	
<ul> <li>Know some basic facts about pregnancy and conception</li> <li>Communication in relationships</li> <li>To explore positive and negative ways of communicating in a relationship</li> <li>To have considered when it is appropriate to share</li> </ul>			pregnancy	_
<ul> <li>Communication in relationships</li> <li>To explore positive and negative ways of communicating in a relationship</li> <li>To have considered when it is appropriate to share</li> </ul>				1
relationships in a relationship  To have considered when it is appropriate to share				
To have considered when it is appropriate to share		4		
			relationships	
norganal/nrivate intermetion in a relationship				To have considered when it is appropriate to share personal/private information in a relationship
To know how and where to get support if an online				
relationship goes wrong				