

Our Vision
At Bushmead, children are empowered to be active, confident learners where they are inspired to be creative and excel.



Bushmead Primary School Newsletter

17th June 2022

Our Value for June is **Positivity**.
Our well-being theme this term is **Being Active**

Dear Parents and Carers,

It was a great pleasure to meet parents of children starting school in September, an event we haven't been able to hold for the last few years. It was good to see familiar faces and meet our new parents. Thank you to our team that stayed for the meeting, especially Mrs Blair and Miss Kiff for their presentations. I, too, get the opportunity to talk about how fantastic our children are and what a great team of teachers and support staff we have had Bushmead. Planning for our new school year is an exciting time!

Ms Clark, our inclusion manager, has gone on maternity leave. If you have a concern about your child's learning, please contact your child's class teach in the first instance. Miss Picton (SENCo) and myself will be covering all SEND and inclusion matters, whilst Ms Clark is away. You can continue to contact the school via the school office or at inclusion@bushmeadprimaryschool.co.uk.

Congratulations to Mrs Richardson on the birth of her baby girl. Mum and baby are doing very well.



Thank you to all our fantastic FOBS volunteers that organised and ran the Father's Day Shop. The children loved going and we raised money for them too. Brilliant. We are looking for volunteers to take over the shops – if you are interested please let us know on FOBS@bushmeadprimaryschool.co.uk.



Class group photos will be taken on Thursday 23rd June. Please make sure your child is wearing the correct uniform. Check on our [uniform](#) website page. If children have PE that day they will have to change. Year groups will inform you if children are to come in uniform and change for PE or vice versa, depending on the time of the lesson.

For a number of reasons, dear to our school community, we support the **Brain Tumour Research** charity. The week beginning the 27th June we will be having a sponsored 'step'. Sponsorship forms will come home today! This fits with our well-being theme of 'being active' this term. Thank you in advance for your support. Donations can be made here: <https://www.justgiving.com/fundraising/bushmead-primary1>



Key dates:

- 23rd June - Class photos
- 27th June (week beginning) – Brain Tumour Trust Fundraiser
- 1st July – Sing Spectacular for our Choir
- 4th – 8th July - Arts Week
- 7th July – Transition to Yr 7 and 'meet your new teacher' day
- 12th July - R – Yr 2 Sports Day (parents will be invited to attend).
- 13th July Yr 3 – Yr 6 Sports Day (parents will be invited to attend).
- 15th July - Reports to parents

Have a lovely weekend.

Joanne Travi





Anna Freud
National Centre for
Children and Families

Bushmead Primary School
Mentally Healthy Schools Programme

<https://www.annafreud.org/schools-and-colleges/resources/my-self-care-plan-primary/>

Anna Freud
National Centre for
Children and Families

Self-care summer

for primary pupils #SelfCareSummer

<p>Relationships and connection</p> <p>Spending time with friends and family is not only fun but can also be good for your wellbeing, especially if you are feeling sad or lonely.</p> <p>Week 1 Resource</p>	<p>Play and entertainment</p> <p>Making time to play can be part of self-care. Whether it's with friends, animals or through board games, all types of play and having fun is important.</p> <p>Week 2 Resource</p>	<p>Relaxation</p> <p>Summer can be busy with lots of plans, but remember to take time for you, to relax and do things you enjoy.</p> <p>Week 3 Resource</p>
<p>Physical activity</p> <p>Keeping active can boost your mood and wellbeing. Whether it's dancing, sports or going for a walk, you can do it your way.</p> <p>Week 4 Resource</p>	<p>Creativity</p> <p>Being creative can help you express yourself and relax, whether it's acting, cooking, drawing, writing or making music.</p> <p>Week 5 Resource</p>	<p>Emotional health</p> <p>Don't forget to be your own best friend and be kind to yourself. Some people find writing down their feelings can help to get things off their chest.</p> <p>Week 6 Resource</p>

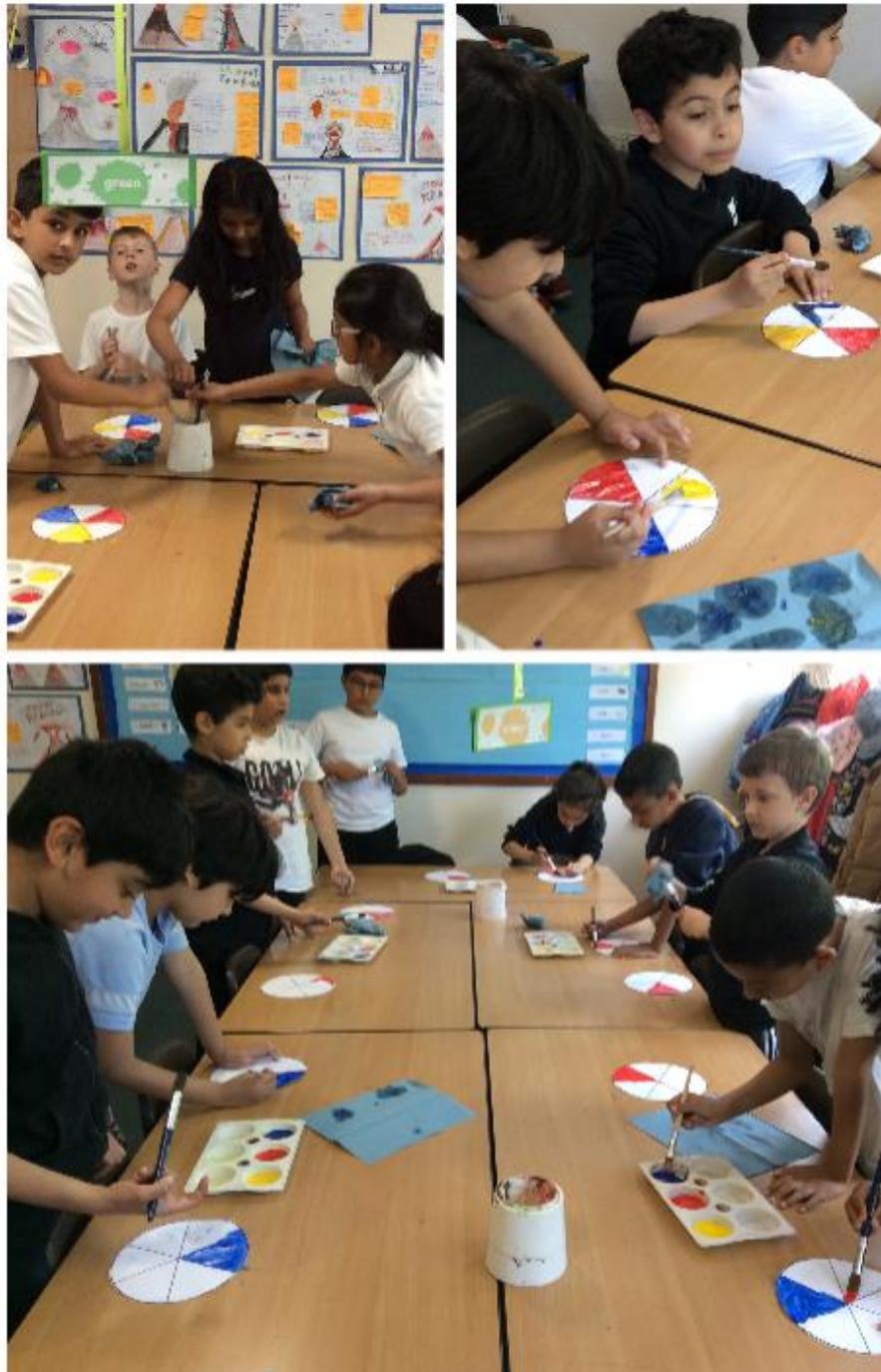
Download the self-care plan here:

<https://www.annafreud.org/media/15053/my-self-care-plan.pdf>



Amazing LEARNING at Bushmead! So proud of our children and our creative teachers!

Colour Wheels in Yr 3





Year 1 children have been taking home 'Beegu' to show her how they can be kind! What wonderful smiles!



Year 2 have completed astronaut training this week and have continued reading *The Giraffe, The Pelly and Me*. We rehearsed and performed a poem from the book.





A huge thank you to Billy's Band for performing for us today!





The 4 As

Supporting Children with ADHD, ASD, Anxiety, Anger



Place & Time: Bushmead Primary School 9-10.15am

Dates: 29.06.2022 & 06.07.2022

- ✓ **Is your Child struggling with their emotions, having outbursts of anger and/or anxiety?**
- ✓ **Does your child have a diagnosis or do you suspect your child has ADHD or Autism?**

Come along to our two-part workshop for parents where we will discuss why children with neurodevelopmental difficulties experience anxiety and anger and how we can support them as parents.

Please email: familyworkers@bushmeadprimaryschool.co.uk to book your place. Please Note this is a two- part workshop therefore you will need to attend both sessions.

NHS
East London
NHS Foundation Trust





*Bringing Life to Learning and
Learning to Life™*

Opening Day for Windmill Hill School

We are a Special Educational Needs and Disabilities school and we would like to invite you to come along to our opening day for Children starting school in September 2023. We will be taking Year 7 — Year 9's.

We will be holding parent tours everyday the week of the 17th October 2022 through to Friday 21st October 2022. The times available will be:

<u>Starting</u>	-	<u>Finishing</u>	<u>Wednesday Evening</u>
9.30	-	10.30	<u>Starting</u> - <u>Finishing</u>
10.30	-	11.30	16.30 - 17.30
13.30	-	14.30	

If you are interested in attending one of the parents tours. Please email us on Info@windmillhillschool.org.uk with your name, number and the year your child will be attending in September 2023 along with confirmation on what date and time you would like to attend.

Windmill Hill Values

Compassion



Achievement



Responsibility



Respect



If you would like any additional information please can you contact us on the below:

Email: Info@windmillhillschool.org.uk

Contact Number: 01582 280652

Address: 1 York Street, Luton, LU2 0EZ



THE MIX
MUSIC FOR ALL

ORCHESTRAS Live

SINFONIA VERDI
SUPPORTING MUSIC FOR LIFE

BILLY'S BAND IS COMING TO LUTON!

See you there!

LIVE CONCERT
18 JUNE 2022
QUEEN ELIZABETH SCHOOL

BAND BUS
BILLY I

JOIN BILLY'S BAND ON A MUSICAL ADVENTURE
Featuring great music, world class musicians, and family participation.

[Twitter.com/joinbillysband](https://twitter.com/joinbillysband)

[Facebook.com/joinbillysband](https://facebook.com/joinbillysband)

www.billysband.co.uk

BILLY SAYS YOU SHOULD PICK UP A MUSICAL INSTRUMENT AND HAVE A GO!

Playing an instrument is more fun than just listening to music. Involvement with music helps keep children active. Music is a skill that will last a lifetime.

Research suggests that later in life many adults regret not making the most of the musical activities on offer during their school years!

Music is a great way to make new friends.

Music is an amazing social activity and a chance to develop language skills, and self-expression.

Music is good for the brain.

Numerous studies indicate that music is a great way to relax with strong indications that those involved with music will perform better in other school subjects including Mathematics and English.



BILLY'S BAND FAMILY CONCERT

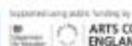
Join Billy's Band on a fun musical adventure!
A one-hour family concert featuring great music, world class musicians and family participation

18 June ★ performances at 2pm and 4pm
Queen Elizabeth School, Luton, LU2 9AG

TICKETS £3 Suitable for children aged 3+
Book at Eventbrite

2PM www.eventbrite.co.uk/e/billys-band-2pm-concert-tickets-342607467157

4PM www.eventbrite.co.uk/e/billys-band-4pm-concert-tickets-342613495187



For more information, contact Luton Music Service
T 01582 548 685 E lutonmusicservice@luton.gov.uk www.thelutonmusicmix.com

Luton



FOOTBALL COACHING

FOR CURRENT RECEPTION & YEAR 1'S



WARDEN AFC

When?

EVERY SUNDAY
11-12PM



Where?

LANCASTER PARK,
LANCASTER AVE,
LUTON

FOR MORE INFO CONTACT:
WARDENAFCC@GMAIL.COM

